



## Eden Organic Foods

edenfoods.com - 888 424-EDEN (3336)

### **Beans - Canned -- Organic Beans**

Aduki Beans, Organic, 15 oz 102970  
Baked Beans with Sorghum & Mustard, Organic, 15 oz 103080  
Black Beans, Organic, 15 oz 102980  
Black Beans, Organic, 29 oz 102979  
Black Eyed Peas, Organic, 29 oz 103129  
Black Eyed Peas, Organic, 15 oz 103120  
Black Soybeans, Organic, 29 oz 103059  
Black Soybeans, Organic, 15 oz 103050  
Butter Beans (Baby Lima), Organic, 15 oz 103130  
Cannellini (White Kidney) Beans, Organic, 15 oz 103100  
Cannellini (white kidney), Organic, 29 oz 103109  
Caribbean Black Beans, Organic, 15 oz 103145  
Chili Beans with Jalapeno & Chili Peppers, Organic, 15 oz 103070  
Garbanzo Beans (Chick Peas), Organic, 29 oz 102959  
Garbanzo Beans (Chick Peas), Organic, 15 oz 102960  
Great Northern Beans, Organic, 29 oz 103006  
Great Northern Beans, Organic, 15 oz 103004  
Kidney (dark red) Beans, Organic, 15 oz 102990  
Kidney (dark red), Organic, 29 oz 102989  
Lentils w/Onion & Bay Leaf, Organic, 15 oz 103090  
Navy Beans, Organic, 15 oz 103000  
Navy Beans, Organic, 29 oz 103009  
Pinto Beans, Organic, 29 oz 102957  
Pinto Beans, Organic, 15 oz 102950  
Small Red Beans, Organic, 29 oz 103119  
Small Red Beans, Organic, 15 oz 103110  
Spicy Pinto Beans, Organic, 15 oz 103040

### **Beans - Canned -- Organic Refried Beans**

Refried Black Beans, Organic, 16 oz 103160  
Refried Kidney Beans, Organic, 15 oz 103170  
Refried Pinto Beans, Organic, 16 oz 103150  
Spicy Refried Black Beans, Organic, 16 oz 103200  
Spicy Refried Pinto Beans, Organic, 16 oz 103190

### **Organic Rice & Beans**

Brown Rice & Kidney Beans, Organic, 15 oz 103220  
Brown Rice & Lentils, Organic, 15 oz 103225  
Brown Rice & Pinto Beans, Organic, 15 oz 103205  
Cajun Rice & Small Red Beans, Organic, 15 oz 103230  
Caribbean Rice & Black Beans, Organic, 15 oz 103215  
Curried Rice & Lentils, Organic, 15 oz 103228  
Mexican Rice & Black Beans, Organic, 15 oz 103218  
Moroccan Rice & Garbanzo Beans, Organic, 15 oz 103213



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Spanish Rice & Pinto Beans, Organic, 15 oz 103208

### **Beans - Dry**

Black Turtle Beans, Organic, Dry, 16 oz 102820

Dark Red Kidney Beans, Organic, Dry, 16 oz 102800

Garbanzo Beans (Chick Peas), Organic, Dry, 16 oz 102750

Green Lentils, Organic, Dry, 16 oz 102710

Navy Beans, Organic, Dry, 16 oz 102845

Pinto Beans, Organic, Dry, 16 oz 102905

### **Cereal -- Flakes**

Brown Rice Flakes, Organic, 16 oz 113055

Kamut Flakes, Organic, 16 oz 113065

Oat Flakes, Organic, 16 oz 113050

Rye Flakes, Organic, 16 oz 113045

Spelt Flakes, Organic, 16 oz 113060

### **Cereal -- Muesli**

Cinnamon Muesli, Organic, 17.6 oz 113075

Muesli, Organic, 17.6 oz 113070

### **Condiments & Sweeteners -- Condiments**

Dulse Flakes, Organic, 1.5 oz 104270

### **Condiments & Sweeteners -- Organic Gomasio**

Black & Tan Gomasio - Sesame Salt, Organic, 3.5 oz 104230

Black Gomasio (Sesame Salt), Organic, 3.5 oz 104220

Garlic Gomasio (Sesame Salt), Organic, 3.5 oz 104250

Gomasio (Sesame Salt), Organic, 3.5 oz 104240

Seaweed Gomasio (Sesame Salt), Organic, 3.5 oz 104260

### **Condiments & Sweeteners -- Organic Mustards**

Brown Mustard, Organic, 9 oz 102330

Brown Mustard, Organic, 9 oz 102320

Yellow Mustard, Organic, 9 oz 102350

Yellow Mustard, Organic, 9 oz 102360

### **Condiments & Sweeteners -- Organic Sweeteners**

Barley Malt Syrup, Organic, 20 oz 104050

Pure Maple Syrup, Organic, 16 fl oz 450002

Pure Maple Syrup, Organic, 32 fl oz 450001

### **Edensoy**

Carob Edensoy, Organic, 32 fl oz 100040

Cocoa Edensoy, Organic, 32 fl oz 100090

Original Edensoy Extra, Organic, 32 fl oz 100220

Original Edensoy, Organic, 32 fl oz 100020

Unsweetened Edensoy, Organic, 32 fl oz 100080



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Vanilla Edensoy Extra, Organic, 32 fl oz 100260

Vanilla Edensoy, Organic, 32 fl oz 100060

### **Fruit & Juices -- Dried Fruit**

Dried Apples, Organic, 4 oz 450015

Dried Apricots, Organic, 8 oz 450016

Dried Cranberries, Organic, 1 lb 403289

Dried Cranberries, Organic, 4 oz 103262

Dried Wild Blueberries, Organic, 1 lb 403288

Dried Wild Blueberries, Organic, 4 oz 103260

### **Fruit & Juices -- Juices**

Apple Juice, Organic, 32 oz 103370

Apple Juice, Organic, 64 oz 103375

Cherry Juice Concentrate, Organic, 7.5 oz 103245

Cherry Juice, Organic, 32 oz 103385

Concord Grape Juice, Organic, 32 oz 103585

### **Fruit & Juices -- Sauces and Butters**

Apple Butter, Organic, 17 oz 103320

Apple Cherry Butter, Organic, 17 oz 103330

Apple Cherry Sauce, Organic, 25 oz 103350

Apple Cinnamon Sauce, Organic, 25 oz 103395

Apple Sauce, Organic, 25 oz 103360

Apple Strawberry Sauce, Organic, 25 oz 103340

Cherry Butter, Organic, 8 oz 103315

Grape Butter, Organic, 8 oz 103325

### **Macrobiotic Specialty -- Macrobiotic Specialty**

Kuzu Root Starch, Organic, 3.5 oz 109630

### **Macrobiotic Specialty -- Matcha**

Organic Matcha - Green Tea Powder, 1.06 oz 110510

### **Macrobiotic Specialty -- Miso**

Genmai Miso, Organic, 12.1 oz 107780

Hacho Miso, Organic, 12.1 oz 107810

Instant Red Miso Soup, Organic, 4/.28 oz 107815

Instant White Miso Soup, Organic, 4/.28 oz 107835

Mugi Miso, Organic, 12.1 oz 107760

Shiro Miso, Organic, 12.1 oz 107840

### **Macrobiotic Specialty -- Mochi**

Brown Rice & Black Soybean Mochi, Organic, 10.5 oz 107865

### **Macrobiotic Specialty -- Pasta**

Kamut® Soba, Organic, 8 oz 101685

Kamut® Udon, Organic, 8 oz 101695



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Soba, Organic, 8 oz 101700  
Spelt Soba, Organic, 8 oz 101690  
Spelt Udon, Organic, 8 oz 101680  
Udon, Organic, 100% Whole Grain, 8 oz 101705  
Wheat & Rice Udon, Organic, 8 oz 101715

### Macrobiotic Specialty -- Soy Sauces

Shoyu Soy Sauce, Organic, Imported, 10 oz 107310  
Tamari Soy Sauce, Naturally Brewed in USA, Organic, 20 oz 106980  
Tamari Soy Sauce, Naturally Brewed in USA, Organic, 10 oz 106970  
Tamari Soy Sauce, Organic, Imported, 20 oz 107420  
Tamari Soy Sauce, Organic, Imported, 10 oz 107410

### Oils & Vinegars -- Oils

Safflower Oil - High Oleic, Organic, 16 oz 104500  
Sesame Oil - Extra Virgin, Organic, 32 oz 104660  
Sesame Oil - Extra Virgin, Organic, 16 oz 104640

### Oils & Vinegars -- Vinegars

Apple Cider Vinegar, Organic, 32 oz 103500  
Apple Cider Vinegar, Organic, 16 oz 103480  
Brown Rice Vinegar, Organic, 5 oz 109160  
Brown Rice Vinegar, Organic, 10 oz 109170

### Pasta -- Organic 100% Whole Grain

Kamut® & Quinoa Twisted Pair®, Organic, 100% Whole Grain, 12 oz 101150  
Kamut® Ditalini, Organic, 100% Whole Grain, 12 oz 101140  
Kamut® Spaghetti, 100% Whole Grain, Organic, 14 oz 101130  
Kamut® Spirals, Organic, 100% Whole Grain, 12 oz 101100  
Kamut® & Buckwheat Rigatoni, Organic, 100% Whole Grain, 12 oz 101675  
Kamut® Elbows, Organic, 100% Whole Grain, 14 oz 101670  
Kamut® Vegetable Spirals, Organic, 100% Whole Grain, 12 oz 101272  
Rye Spirals, Organic, 100% Whole Grain, 12 oz 101355  
Spaghetti, Organic, 100% Whole Grain, 14 oz 101210  
Spelt & Buckwheat Gemelli, Organic, 100% Whole Grain, 12 oz 101655  
Spelt Ribbons, Organic, 100% Whole Grain, 8 oz 101630  
Spelt Spaghetti, Organic, 100% Whole Grain, 14 oz 101660  
Spelt Ziti Rigati, Organic, 100% Whole Grain, 12 oz 101635

### Pasta -- Organic 60% Whole Grain

Flax Rice Spirals, Organic, 60% Whole Grain, 12 oz 101265  
Small Vegetable Shells, Organic, 60% Whole Grain, 12 oz 101645  
Spinach Ribbons, Organic, 60% Whole Grain, 8 oz 101375  
Spinach Spirals, Organic, 60% Whole Grain, 12 oz 101350  
Vegetable Alphabets, Organic, 60% Whole Grain, 16 oz 101395

### Pasta -- Organic Golden Amber Durum



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Artichoke Ribbons, Organic, 8 oz 101650  
Parsley Garlic Ribbons, Organic, 8 oz 101485  
Vegetable Ribbons, Organic, 8 oz 101425  
Vegetable Shells, Organic, 12 oz 101435  
Vegetable Spirals, Organic, 12 oz 101415

### Sea Vegetables

Dulse Whole Leaf, Organic, 1.4 oz 104275

### Snack Foods -- 1 oz Pocket Snacks

Dried Cranberries Pocket Snacks, Organic, Box of 12 Each - 1 oz 203263  
Dried Cranberries, Organic Pocket Snacks, Each 1 oz 103263  
Dried Wild Blueberries Pocket Snacks, Organic, Box of 12 Each - 1 oz 203261  
Dried Wild Blueberries, Organic Pocket Snacks, Each 1 oz 103261  
Pistachios Pocket Snacks, Organic, Each 1 oz 113031  
Pistachios Pocket Snacks, Organic, Box of 12 Each - 1 oz 213031  
Pumpkin Seeds Pocket Snacks, Organic, Each 1 oz 113016  
Pumpkin Seeds Pocket Snacks, Organic, Box of 12 Each - 1 oz 213016  
Spicy Berry Mix Pocket Snacks, Each 1 oz 112036  
Spicy Berry Mix Pocket Snacks, Box of 12 Each - 1 oz 212036  
Spicy Pumpkin Seeds Pocket Snacks, Organic, Each 1 oz 112366  
Spicy Pumpkin Seeds Pocket Snacks, Organic, Box of 12 Each - 1 oz 212366  
Tamari Almonds Pocket Snacks, Organic, Box of 12 Each - 1 oz 212426  
Tamari Almonds Pocket Snacks, Organic, Each 1 oz 112426  
Wild Berry Mix Pocket Snacks, Organic, Box of 12 Each - 1 oz 212031  
Wild Berry Mix, Organic Pocket Snacks, Each 1 oz 112031

### Snack Foods -- 4 oz Snacks

Pistachios, Organic, 4 oz 113030  
Pumpkin Seeds, Organic, 4 oz 113015  
Spicy Berry Mix, 4 oz 112035  
Spicy Pumpkin Seeds, Organic, 4 oz 112365  
Tamari Roasted Almonds, Organic, 4 oz 112425  
Wild Berry Mix, Organic, 4 oz 112030

### Snack Foods -- 1 lb Snacks

Almonds, Organic, 1 lb 413025  
Pistachios, Organic, 1 lb 413032  
Pumpkin Seeds, Organic, 1 lb 413020  
Spicy Berry Mix, 1 lb 412034  
Spicy Pumpkin Seeds, Organic, 1 lb 412370  
Tamari Roasted Almonds, Organic, 1 lb 412405  
Thompson Raisins, Organic, 1 lb 400481  
Wild Berry Mix, Organic, 1 lb 412029

### Snack Foods -- Popcorn



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Popcorn, Organic, 20 oz 105400

Popcorn, Organic, 5 lb 415400

### Spices & Herbs

Basil, Organic, 0.564 oz 400383

Bay Leaf Powder, Organic, 1.376 oz 400375

Brown Mustard Seed, Organic, 2.575 oz 400348

Cayenne Pepper (25,000 HU), Organic, 1.693 oz 400365

Cayenne Pepper (60,000 HU), Organic, 1.764 oz 400364

Cinnamon, Organic, 1.552 oz 400376

Cumin Powder, Organic, 1.622 oz 400374

Dried Minced Garlic, Organic, 2.222 oz 400389

Dried Minced Onion, Organic, 1.728 oz 400371

Fenugreek Powder, Organic, 2.187 oz 400395

Garlic Powder, Organic, 2.328 oz 400363

Ground Black Pepper, Organic, 2.116 oz 400377

Ground Cardamom, Organic, 1.834 oz 400393

Ground Chili Pepper (1,800 HU), Organic, 1.587 oz 400394

Ground Cloves, Organic, 1.340 oz 400396

Ground Coriander, Organic, 1.164 oz 400391

Ground Thyme, Organic, 0.670 oz 400388

Ground Turmeric, Organic, 1.905 oz 400392

Hot Crushed Chili Pepper, Organic, 1.129 oz 400397

Oregano, Organic, 0.494 oz 400384

Paprika Powder, Organic, 1.481 oz 400373

Parsley Flakes, Organic, 0.494 oz 400372

Yellow Mustard Powder, Organic, 1.693 oz 400357

Yellow Mustard Seed, Organic, 2.716 oz 400351

### Teas

Chamomile Herb Tea, Organic, 16 bags 110590

Genmaicha Tea, Organic, 16 bags 110530

Hojicha Chai Roasted Green Tea, Organic, 16 bags 110575

Hojicha Tea, Roasted Green Tea, Organic, 16 bags 110540

Kukicha (twig) Tea, Organic, 8 oz 410750

Kukicha Twig Tea, Organic - Loose, 1.75 oz 110665

Kukicha, Twig Tea, Organic, 16 bags 110550

Sencha Ginger Green Tea, Organic, 16 bags 110570

Sencha Green Tea, Organic, 16 bags 110560

Sencha Green Tea, Organic - Loose leaf, 8 oz 410790

Sencha Green Tea, Organic - Loose leaf, 2.25 oz 110625

Sencha Mint Green Tea, Organic, 16 bags 110580

Sencha Rose Green Tea, Organic, 16 bags 110585

### Tomatoes & Sauerkraut -- Organic Sauerkraut



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Sauerkraut - Kimchi, Organic, 18 oz 103905  
Sauerkraut - Three Onion, Organic, 18 oz 103915  
Sauerkraut, Organic, 18 oz 103895  
Sauerkraut, Organic, 32 oz 103900

### **Tomatoes & Sauerkraut -- Organic Tomato**

Crushed Tomatoes with Onion, Garlic & Basil, Organic, 25 oz 104855  
Crushed Tomatoes with Onion, Garlic & Basil, Organic, 14 oz 104850  
Crushed Tomatoes, Organic, 25 oz 104880  
Crushed Tomatoes, Organic, 28 oz 104080  
Crushed Tomatoes, Organic, 14 oz 104870  
Pizza Pasta Sauce, Organic, 15 oz 103920  
Pizza Pasta Sauce, Organic, 14 oz 103925  
Spaghetti Sauce, No Salt Added, Organic, 25 oz 104030  
Spaghetti Sauce, Organic, 25 oz 104020

### **Whole Grains -- Best Whole**

Buckwheat, Organic, 16 oz 113040  
Hard Red Spring Wheat, Organic, 2 lb 421755  
Hard Red Spring Wheat, Organic, 5 lb 411755  
Millet, Organic, 16 oz 113035  
Pearled Barley, Organic, 5 lb 406061  
Pearled Barley, Organic, 2 lb 426061  
Quinoa, Organic, 16 oz 106900  
Quinoa, Organic, 5 lb 406900  
Red Quinoa, Organic, 16 oz 106905  
Red Quinoa, Organic, 5 lb 406905  
Short Grain Brown Rice, Organic, 2 lb 425501  
Short Grain Brown Rice, Organic, 5 lb 405501  
Soft White Winter (Pastry) Wheat, Organic, 5 lb 411754  
Soft White Winter Wheat, Organic, 2 lb 421754

### **Whole Grains -- Flour**

Kamut® Wheat Flour, Organic, 2 lb 421475  
Kamut® Wheat Flour, Organic, 5 lb 411475  
Golden Amber Durum Wheat Semolina Flour, Organic, 5 lb 411550  
Golden Amber Durum Wheat Semolina Flour, Organic, 2 lb 421550  
Hard Red Spring Wheat Flour, Organic, 2 lb 421441  
Hard Red Spring Wheat Flour, Organic, 5 lb 411440  
Quinoa Flour, Organic, 5 lb 411748  
Quinoa Flour, Organic, 2 lb 421748  
Short Grain Brown Rice Flour, Organic, 2 lb 421739  
Short Grain Brown Rice Flour, Organic, 5 lb 411739  
Spelt Wheat Flour, Organic, 5 lb 411575  
Spelt Wheat Flour, Organic, 2 lb 421575



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Whole Wheat Pastry Flour, Organic, 5 lb 411500

Whole Wheat Pastry Flour, Organic, 2 lb 421500

### Gifts & Merchandise -- Gifts

Eden Apple Butter Tote, 103294

Organic Matcha, Green Tea Powder Kit, 1.06 oz 110520

### Gifts & Merchandise -- Merchandise

Organic Cotton Tote Bag, 10" x 7" x 3" 700640

### Bulk -- Fruit and Nut Mixes

Pumpkin Seeds, Organic, 10 lb 113020

Spicy Pumpkin Seeds, Organic, 10 lb 112360

Tamari Roasted Almonds, Organic, 10 lb 112420

Tamari Roasted Almonds, Organic, 25 lb 112400

### Bulk -- Imported Specialty

Kuzu Root Starch, Organic, 11 lb 109620

### Bulk -- Miso

Genmai Miso, Organic, 22 lb 107520

Hacho Miso, Organic, 22 lb 107540

Mugi Miso, Organic, 22 lb 107500

### Bulk -- Oils and Vinegars

Apple Cider Vinegar, Organic, 55 gal 103400

Brown Rice Vinegar, Organic, 5 gal 109150

Brown Rice Vinegar, Organic, 55.4 gal 109140

Safflower Oil - High Oleic, Organic, 55 gal 104460

Safflower Oil - High Oleic, Organic, 5 gal 104560

Sesame Oil - Extra Virgin, Organic, 55 gal 104600

### Bulk -- Organic Beans

Pinto Beans, Organic, 108 oz 102956

Aduki Beans, Organic, Dry, 25 lb 102771

Black Beans, Organic, 108 oz 102978

Black Soybeans, Organic, Dry, 25 lb 102814

Black Turtle Beans, Organic, Dry, 25 lb 102816

Cannellini (White Kidney) Beans, Organic, 108 oz 103108

Dark Red Kidney Beans, Organic, Dry, 25 lb 102796

Garbanzo Beans (Chick Peas), Organic, 108 oz 102958

Green Lentils, Organic, Dry, 25 lb 102700

Green Split Peas, Organic, Dry, 25 lb 102725

Kidney Beans (dark red), Organic, 108 oz 102988

Navy Beans, Organic, 108 oz 103008

Navy Beans, Organic, Dry, 25 lb 102838

Pinto Beans, Organic, Dry, 25 lb 102900

Small Red Beans, Organic, Dry, 25 lb 102850





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### **Bulk -- Organic Flour**

Hard Red Spring Wheat Flour, Organic, 50 lb 111440  
Hard Red Winter Wheat Flour, Organic, 50 lb 111400  
Pastry Flour - Soft White Wheat, Organic, 50 lb 111500

### **Bulk -- Organic Grain**

Hard Red Spring Wheat, Organic, 50 lb 105840  
Hard Red Winter Wheat, Organic, 50 lb 105800  
Pearled Barley, Organic, 50 lb 106060  
Popcorn, Organic, 50 lb 105815  
Quinoa, Organic, 25 lb 106860  
Soft White Winter Wheat, Organic, 50 lb 105880

### **Bulk -- Pasta**

Spaghetti, Organic, 100% Whole Grain, 10 lb 101200  
Parsley Garlic Ribbons, Organic, 10 lb 101480  
Soba, Organic, 10 lb 101720  
Udon, Organic, 100% Whole Grain, 10 lb 101725  
Vegetable Spirals, Organic, 10 lb 101400  
Wheat & Rice Udon, Organic, 10 lb 101735

### **Bulk -- Soy Sauces**

Shoyu Soy Sauce, Imported, 55 gal 107295  
Tamari Soy Sauce, Naturally Brewed in USA, Organic, 55 gal 107020  
Tamari Soy Sauce, Organic, Imported, 55 gal 107400

### **Bulk -- Teas**

Kukicha Twig Tea, Organic - Loose, 11 lb 110640  
Sencha Green Tea, Organic - Loose leaf, 13.2 lb 110600