

# TASTE & BENEFITS

## Pure Vitality

EDEN dried organic mushrooms provide delectable taste with potent benefits. These culinary delights each have a unique set of astonishingly beneficial phytonutrients. Heightened awareness of the relationship between diet and disease has triggered prolific research into specifics about mushroom nutrients and their value.



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LION'S MANE  
Dried Mushroom

more options & facts [edenfoods.com](https://edenfoods.com)



Morels are hand foraged from the wild.

 **EDEN FOODS**

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