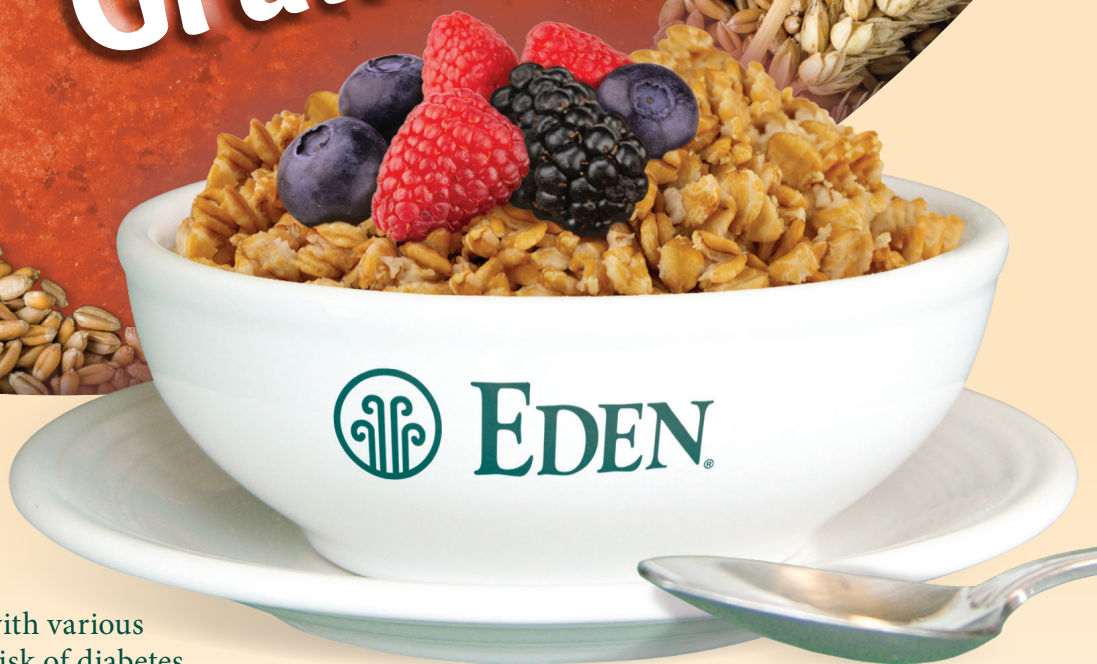


# WholeHearted Grain

## EDEN Organic Whole Grain Flakes

are low fat, saturated fat and cholesterol free, and sodium free. A diet rich in whole grains is associated with various benefits, including a lower risk of diabetes, heart disease, and high blood pressure.



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