



Organic Spelt

# WHOLE GRAIN

Opens Intuition & Brightens Mood

Pure whole grain serves to uplift, expand consciousness, energize, sharpen intellect, and help to internally cleanse. It makes possible physical, mental, and spiritual freedom.

EDEN Whole Grain Flakes are U.S. organic family grown. Quick to cook and extremely versatile. There are 5 kinds. Comfortingly delicious.

A Key to Well Being



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