



Whole Grain Flakes & Müesli



Spelt Granola



Bowls of Satisfaction

EDEN Müesli & Whole Grain Flakes

provide sustaining energy. They set a positive tone. Whole grain nourishment is easy with five versatile, quick cooking

EDEN Whole Grain Flakes.

Whenever satisfaction is needed!



- ▶ Organic American family grown
- ▶ Quick cooking Real Whole Grain
- ▶ Vital keys to good health
- ▶ Satisfaction certainty
- ▶ Hot cereal, porridge, & baking



Cinnamon Müesli



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Kamut® Flakes, OG

Montana whole grain Kamut (Khorasan wheat). Roasted and rolled to golden flakes. Whole grain goodness. Cooks in minutes.

Ingredient

Organic Kamut Wheat
Triticum turanicum



Oat Flakes, OG

Canadian organic family whole oats, roasted and rolled to hearty flakes. Ideal for hot cereal anytime. For creamy soups, better baked goods, and desserts.

Ingredient

Organic Oats *Avena sativa*



Brown Rice Flakes, OG

Short grain organic Lundberg® brown rice roasted and rolled to flakes. Quick porridge, creamy soup and stews. Mix with other EDEN grain & grain flakes.

Ingredient

Short Grain Organic
Brown Rice *Oryza sativa*



Rye Flakes, OG

Delightful rye taste and light texture. Use in salads, tabouli, soup, stews, stuffing, cereals, and baked goods. Mix with other flakes for great taste.

Ingredient

Organic Rye *Secale cereale*

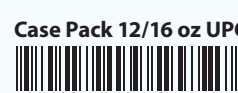
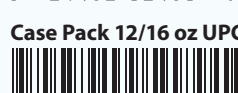


Spelt Flakes, OG

U.S. family organic whole grain spelt, roasted and rolled to flakes. "It makes the spirit of people light and cheerful." - St. Hildegard Mellow taste.

Ingredient

Organic Spelt Wheat
Triticum spelta



Muesli, OG

3 American organic family whole grains, Oats, Rye, and Spelt - roasted and rolled to flakes with 3 pure organic dried fruits and 2 organic seeds.

Morning, noon, or night, delightful taste that provides deep satisfaction. As cereal cold or hot, in baked goods, as a snack.

Ingredients

* Oat Flakes, * Rye Flakes, * Spelt Flakes, * Raisins,
* Cranberries (* Cranberries, * Apple Juice Concentrate,
* Sunflower Oil), * Wild Blueberries (* Wild Blueberries,
* Apple Juice Concentrate, * Sunflower Oil), * Roasted, Salted
Pumpkin Seeds, * Raw Sunflower Seeds

* Organic



Cinnamon Muesli, OG

3 roasted and rolled organic whole grain flakes, three pure organic dried fruits, and two organic seeds. A bit of real organic cinnamon adds value. As cereal cold or hot, a snack, or in baked goods. Europeans take muesli morning, noon, or night. It's not just breakfast!

Ingredients

* Oat Flakes, * Rye Flakes, * Spelt Flakes, * Raisins, * Cranberries
(* Cranberries, * Apple Juice Concentrate, * Sunflower Oil),
* Wild Blueberries (* Wild Blueberries, * Apple Juice Concentrate,
* Sunflower Oil), * Roasted, Salted Pumpkin Seeds,
* Raw Sunflower Seeds

* Organic



Well-Being Key

Whole grain is essential good food for people. It is absolutely vital to good health. For being at peace in this world, real organic whole grain is key.

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