

# Gomasio

## Sesame Salt Condiment



**LOADS OF FLAVOR**  
**OVEN ROASTED**  
**COMPLETE AMINO ACID PROFILE**  
**OPEN SESAME**



- Organic dry roasted sesame and EDEN sea salt
- Potent nutrition & less sodium
- The best table salt replacement
- Pure condiments to enhance well-being and pleasure
- Reclosable shaker or pour cap
- Zero additives or preservatives



**Traditional sesame condiments** – enjoyed for centuries. Sprinkle EDEN Gomasio sesame salt and EDEN Shake on food instead of table salt for delicious flavor and enhanced nutritional value, with less salt.

Five flavors of EDEN Gomasio: Original, Garlic, Seaweed, Black, and Black and Tan, and EDEN Shake are very low sodium, rich in quality fat with high quality protein and taste great.





# Sesame Seed Condiments



**EDEN® Gomasio** – organic unhulled tan and black sesame seed that is natural gas, infrared dry-roasted releasing its oil, then slow ground with oven roasted EDEN Sea Salt. The oil melts and coats the salt melding and mellowing it for a smoother and more beneficial way to take salt. EDEN Shake is made of dry roasted black and tan sesame seeds blended with nori sea vegetable flakes and shiso (beefsteak) leaf powder.

Flavor and value are added with EDEN Gomasio and EDEN Shake on whole grains, hot cereal, pasta, salads, vegetables, corn-on-the-cob, popcorn, sushi, or add to salad dressings and marinades. Glass jar packed with a reclosable flip cap that allows both, shaking or pouring.



## GOMASIO

Organic tan sesame dry roasted and ground with EDEN Sea Salt. The seed's oil coats the salt, amplifies and carries its flavor for more taste from less salt.

**Ingredients** Organic Whole Sesame Seeds, Sea Salt



0 24 182 00201 0

Case Pack 12 / 3.5 oz

Case Pack UPC 1 00 24182 00201 7

## GARLIC GOMASIO

Organic, tan, dry roasted sesame seed ground with EDEN Sea Salt and organic garlic powder. A table salt replacement with delicious low sodium, sesame garlic flavor.

**Ingredients** Organic Whole Sesame Seeds, Sea Salt, Organic Garlic



0 24 182 00205 8

Case Pack 12 / 3.5 oz

Case Pack UPC 1 00 24182 00205 5

## SEAWEED GOMASIO

Organic gomasio with three trace mineral loaded sea vegetables, an easy way to enjoy their benefits. Sprinkle on whole grains, pasta, salads, vegetables, popcorn, etc.

**Ingredients** Organic Whole Sesame Seeds, Sea Salt, Sea Vegetables: Organic Dulse, Nori, and Kombu



0 24 182 00209 6

Case Pack 12 / 3.5 oz

Case Pack UPC 1 00 24182 00209 3

## BLACK GOMASIO

Organic black sesame is highly valued for its rich flavor and beneficial properties. Very low sodium – 80g per 1 teaspoon serving, and low fat.

**Ingredients** Organic Whole Black Sesame Seeds, Sea Salt



0 24 182 00204 1

Case Pack 12 / 3.5 oz

Case Pack UPC 1 00 24182 00204 8

## BLACK & TAN GOMASIO

Delicious, nutty, very low sodium sesame salt of organic black and tan sesame seed, dry roasted and ground with EDEN Sea Salt. Rich flavor.

**Ingredients** Organic Whole Black Sesame Seeds, Organic Whole Tan Sesame Seeds, Sea Salt



0 24 182 00203 4

Case Pack 12 / 3.5 oz

Case Pack UPC 1 00 24182 00203 1

## EDEN SHAKE

A traditional roasted tan and black sesame, nori sea vegetables, and tangy shiso leaf condiment. Very low sodium with delicious, rich flavor. Dispenser cap.

**Ingredients** Black Sesame Seeds, White Sesame Seeds, Pickled Red Shiso Leaf (Red Shiso, Sea Salt, Ume Plum Vinegar), Nori Seaweed



0 24 182 00202 7

Case Pack 12 / 2.1 oz

Case Pack UPC 1 00 24182 00202 4

