



Soba & Udon Noodles

ORGANIC



Udon Hiziki
Veggie Salad



recloseable boxes of recycled paper.



Coconut Dulse
Soba Bowl

Fresh milled North American organic family grain for wonderful taste. Crafted solely using traditional methods. The flour is kneaded with pure water and a bit of EDEN Sea Salt that binds the dough and enhances its taste.

The dough is repeatedly rolled and folded onto itself eight times before cutting. Noodles are slow air-dried and then hand cut to length. As they are being made, each step contributes to the best texture, good taste, and maximum nourishment potential.

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Artisan made at Sobaya Company in Montreal, Canada

PURE FOOD SATISFACTION TRADITIONAL NOODLES

Stir-fries, with a sauce, soup, as salad,
and with a shoyu kombu dashi broth.

*** Organic**

Udon and Soba made at Sobaya Company in Montreal, Canada



WHEAT & RICE UDON

EDEN North American organic spring wheat and Lundberg® short grain rice, a local favorite. Protein, thiamin B1, iron, niacin B3, magnesium, zinc, and fiber.

Ingredients

80% * Spring Wheat,
20% * Rice, EDEN Sea Salt

12/8 oz / case UPC is
1 00 24182 21060 3
10 lb bulk available

8 oz unit
UPC



SOBA

Soba means buckwheat, an ancient warming grain. Nature's best source of rutin, strong amino acid profile. Protein, niacin B3, thiamin B1, iron, zinc, magnesium, and fiber.

Ingredients

70% * Spring Wheat,
30% * Whole Buckwheat,
EDEN Sea Salt

12/8 oz / case UPC is
1 00 24182 20040 6
10 lb bulk available

8 oz unit
UPC



KAMUT UDON

Exceptional taste and satisfaction. Those sensitive to modern wheat often find kamut wheat a joy. Stir fries, with a sauce, as salad, or with a shoyu kombu dashi broth. Protein, thiamin B1, niacin B3, iron, magnesium, and sought after zinc.

Ingredients

* Kamut Wheat,
EDEN Sea Salt

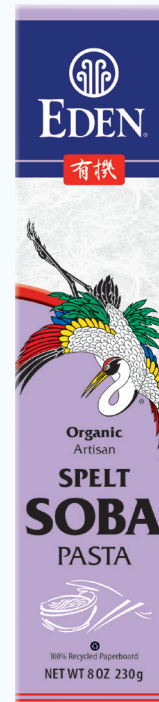


SPELT UDON

Spelt is an ancient cousin, pre-hybrid, of modern wheat. The 12th century healer St. Hildegard said, "Spelt is the best of the grains. It produces a strong body and healthy blood for those who eat it and makes the spirit of man light and cheerful."

Ingredients

* Spelt Wheat,
EDEN Sea Salt



SPELT SOBA

Spelt, a.k.a. dinkel & farro, with Buckwheat. An easy to assimilate soothing energy. Spelt is a red wheat. It is often enjoyed by those sensitive to modern wheat due to its gluten being water soluble. Thiamin B1, protein, magnesium, and zinc.

Ingredients

80% * Spelt Wheat,
20% * Whole Buckwheat,
EDEN Sea Salt

12/8 oz / case UPC is
1 00 24182 21056 6
8 oz unit UPC



12/8 oz / case UPC is
1 00 24182 21059 7
8 oz unit UPC



12/8 oz / case UPC is
1 00 24182 21057 3
8 oz unit UPC



UDON

There is no other whole grain udon being made. Fresh organic durum wheat flour with a touch of EDEN Sea Salt. Protein, thiamin B1, niacin B3, magnesium, iron, and zinc.

Ingredients

* Whole Grain Durum
Wheat, EDEN Sea Salt

12/8 oz / case UPC is
1 00 24182 21055 9
10 lb Bulk Available

8 oz unit
UPC



KAMUT SOBA

Khorasan wheat, a.k.a. kamut, is ancient pre-hybrid wheat with more protein than any other kind. Whole buckwheat is Nature's best source of valuable rutin. It has all of the amino acids.

Ingredients

80% * Kamut Wheat,
20% * Whole Buckwheat,
EDEN Sea Salt

12/8 oz / case UPC is
1 00 24182 21058 0
8 oz unit UPC

