



# SAUERKRAUT

Pure  
Heritage



NON  
GMO



® pareve

- 1 Hirzel family grown & made
- 2 Lactic acid fermentation, EDEN Sea Salt, organic herbs & spices
- 3 Authentically organic
- 4 'Clean Choice Award' - *Clean Eating* magazine's Classy Kraut
- 5 Fermented foods are cleansing, soothing, and energizing
- 6 No untoward additives

## Pure, Traditional Kraut

An authentic health food made the Old World way, organic **EDEN Sauerkraut**. The Hirzel family grows, hand harvests, cores, cuts, and ferments the sweet cabbage with EDEN Sea Salt. Artisan management of its fermentation cannot be computerized. Five generations of Hirsels, with Eden staff, gathered for the first run of the two new flavors. Experience, traditional methods, and one family's care – from seed to sprout, of the fields, harvesting, and fermentation – creates a sauerkraut of great value with wonderful taste.

Two new versions of widely acclaimed kraut – **EDEN Kimchi Sauerkraut** and **Three Onion Sauerkraut**.

**Kimchi Sauerkraut** with organic sweet cabbage, red bell pepper, onion, garlic, ginger root, cayenne pepper, mustard seed, chili pepper, and sea salt – for a delightful kimchi zest.

**Three Onion Sauerkraut** contains organic sweet cabbage, white onion, brown rice syrup, shallots, green onion (scallion), caraway and mustard seed, black pepper, and nutmeg – for a mellow, savory, pleasing kraut.



## Sauerkraut organic - fine cut

**INGREDIENTS** Organic Cabbage, Water, Sea Salt, Lactic Acid

Natural lactic acid fermentation of sweet cabbage with EDEN Sea Salt. Delicious, pure, and efficacious.

12 / 18 oz per case  
glass



Case Pack UPC



**INGREDIENTS** Organic Cabbage, Water, Sea Salt, Lactic Acid

12 / 32 oz per case  
glass



Case Pack UPC



## Kimchi Sauerkraut organic

**INGREDIENTS** \* Cabbage, \* Red Bell Peppers, Water, \* Onion, Sea Salt, \* Dried Garlic, \* Ginger Root \* Cayenne Pepper, \* Mustard Seed, \* Chili Pepper, Lactic Acid

EDEN Sauerkraut with spicy kimchi zest. Lactic acid fermented food is cleansing, reduces stress, and is energizing. An ancient health food with zesty spices.



Case  
12 / 18 oz glass



Case Pack UPC



## Three Onion Sauerkraut organic

**INGREDIENTS** \* Cabbage, \* Onion, Water, Sea Salt, \* Brown Rice Syrup, \* Shallots, \* Green Onion (scallion), \* Caraway Seed, \* Mustard Seed, \* Black Pepper, \* Nutmeg, Lactic Acid

EDEN Sauerkraut with three sweet, organic onion varieties: white onion, shallot, and green onion (scallion), with organic savory herbs and spices.



Case  
12 / 18 oz glass



Case Pack UPC



**\* Organically Grown Ingredients**

**NON  
GMO**



Kimchi Tempeh  
Reuben



Sauerkraut  
Stuffed Mushrooms



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