



## Eden Wheat Free Foods

edenfoods.com - 888 424-EDEN (3336)

### **Beans - Canned -- Organic Beans**

Aduki Beans, Organic, 15 oz 102970  
Baked Beans with Sorghum & Mustard, Organic, 15 oz 103080  
Black Beans, Organic, 29 oz 102979  
Black Beans, Organic, 15 oz 102980  
Black Eyed Peas, Organic, 29 oz 103129  
Black Eyed Peas, Organic, 15 oz 103120  
Black Soybeans, Organic, 29 oz 103059  
Black Soybeans, Organic, 15 oz 103050  
Butter Beans (Baby Lima), Organic, 15 oz 103130  
Cannellini (White Kidney) Beans, Organic, 15 oz 103100  
Cannellini (white kidney), Organic, 29 oz 103109  
Caribbean Black Beans, Organic, 15 oz 103145  
Garbanzo Beans (Chick Peas), Organic, 15 oz 102960  
Garbanzo Beans (Chick Peas), Organic, 29 oz 102959  
Great Northern Beans, Organic, 15 oz 103004  
Great Northern Beans, Organic, 29 oz 103006  
Kidney (dark red) Beans, Organic, 15 oz 102990  
Kidney (dark red), Organic, 29 oz 102989  
Navy Beans, Organic, 29 oz 103009  
Navy Beans, Organic, 15 oz 103000  
Pinto Beans, Organic, 15 oz 102950  
Pinto Beans, Organic, 29 oz 102957  
Small Red Beans, Organic, 29 oz 103119  
Small Red Beans, Organic, 15 oz 103110

### **Beans - Canned -- Organic Refried Beans**

Refried Black Beans, Organic, 16 oz 103160  
Refried Kidney Beans, Organic, 15 oz 103170  
Refried Pinto Beans, Organic, 16 oz 103150  
Spicy Refried Black Beans, Organic, 16 oz 103200  
Spicy Refried Pinto Beans, Organic, 16 oz 103190

### **Organic Rice & Beans**

Brown Rice & Kidney Beans, Organic, 15 oz 103220  
Brown Rice & Lentils, Organic, 15 oz 103225  
Brown Rice & Pinto Beans, Organic, 15 oz 103205  
Cajun Rice & Small Red Beans, Organic, 15 oz 103230  
Caribbean Rice & Black Beans, Organic, 15 oz 103215  
Curried Rice & Lentils, Organic, 15 oz 103228  
Mexican Rice & Black Beans, Organic, 15 oz 103218  
Moroccan Rice & Garbanzo Beans, Organic, 15 oz 103213  
Spanish Rice & Pinto Beans, Organic, 15 oz 103208

### **Beans - Dry**



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Black Turtle Beans, Organic, Dry, 16 oz 102820  
Garbanzo Beans (Chick Peas), Organic, Dry, 16 oz 102750  
Navy Beans, Organic, Dry, 16 oz 102845  
Pinto Beans, Organic, Dry, 16 oz 102905

### **Cereal -- Flakes**

Brown Rice Flakes, Organic, 16 oz 113055

### **Chili**

Black Bean & Quinoa Chili, 14.5 oz 103234  
Black Bean & Quinoa Chili, 29 oz 103235  
Great Northern Bean & Barley Chili, 29 oz 103239  
Great Northern Bean & Barley Chili, 14.5 oz 103238

### **Condiments & Sweeteners -- Condiments**

Dulse Flakes, Organic, 1.5 oz 104270  
Eden Shake - Furikake, 2.1 oz 109940

### **Condiments & Sweeteners -- Organic Gomasio**

Black & Tan Gomasio - Sesame Salt, Organic, 3.5 oz 104230  
Black Gomasio (Sesame Salt), Organic, 3.5 oz 104220  
Garlic Gomasio (Sesame Salt), Organic, 3.5 oz 104250  
Gomasio (Sesame Salt), Organic, 3.5 oz 104240  
Seaweed Gomasio (Sesame Salt), Organic, 3.5 oz 104260

### **Condiments & Sweeteners -- Organic Mustards**

Brown Mustard, Organic, 9 oz 102330  
Brown Mustard, Organic, 9 oz 102320  
Yellow Mustard, Organic, 9 oz 102350  
Yellow Mustard, Organic, 9 oz 102360

### **Condiments & Sweeteners -- Organic Sweeteners**

Barley Malt Syrup, Organic, 20 oz 104050

### **Condiments & Sweeteners -- Sea Salts**

Sea Salt - French Celtic, 14 oz 105365  
Sea Salt - Portuguese, 16 oz 105390

### **Edensoy**

Unsweetened Edensoy, Organic, 32 fl oz 100080

### **Fruit & Juices -- Dried Fruit**

Dried Apples, Organic, 4 oz 450015  
Dried Apricots, Organic, 8 oz 450016  
Dried Cranberries, Organic, 1 lb 403289  
Dried Cranberries, Organic, 4 oz 103262  
Dried Montmorency Cherries, 4 oz 103270  
Dried Montmorency Cherries, 10 lb 103285  
Dried Montmorency Tart Cherries, 1 lb 403285



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Dried Wild Blueberries, Organic, 1 lb 403288  
Dried Wild Blueberries, Organic, 4 oz 103260

### **Fruit & Juices -- Juices**

Apple Juice, Organic, 32 oz 103370  
Apple Juice, Organic, 64 oz 103375  
Cherry Juice Concentrate, Organic, 7.5 oz 103245  
Cherry Juice, Organic, 32 oz 103385  
Concord Grape Juice, Organic, 32 oz 103585

### **Fruit & Juices -- Sauces and Butters**

Apple Butter, Organic, 17 oz 103320  
Apple Cherry Butter, Organic, 17 oz 103330  
Apple Cherry Sauce, Organic, 25 oz 103350  
Apple Cinnamon Sauce, Organic, 25 oz 103395  
Apple Sauce, Organic, 25 oz 103360  
Apple Strawberry Sauce, Organic, 25 oz 103340  
Cherry Butter, Organic, 8 oz 103315  
Grape Butter, Organic, 8 oz 103325

### **Macrobiotic Specialty -- Macrobiotic Specialty**

Bonito Flakes, 1.05 oz 109590  
Daikon Radish - Sun Dried and Sliced, 3.5 oz 110100  
Dentie Tooth Powder, 2 oz 111220  
Dried Tofu, 2 oz 109995  
Kuzu Root Starch, Organic, 3.5 oz 109630  
Lotus Root Slices - dried, 4 oz 110080  
Mirin, rice cooking wine, 10.5 oz 109780  
Pickled Daikon Radish, 3.5 oz 110220  
Pickled Ginger with Shiso Leaves, 2.1 oz 110240  
Shiso Leaf Powder, 1.76 oz 110200  
Tekka - miso condiment, 2.8 oz 109960  
Umeboshi Paste, 7 oz 110180  
Umeboshi Plums, 7 oz 110140  
Wasabi Powder - Japanese horseradish, .88 oz 110000

### **Macrobiotic Specialty -- Matcha**

Organic Matcha - Green Tea Powder, 1.06 oz 110510

### **Macrobiotic Specialty -- Miso**

Genmai Miso, Organic, 12.1 oz 107780  
Hacho Miso, Organic, 12.1 oz 107810  
Instant White Miso Soup, Organic, 4/.28 oz 107835  
Mugi Miso, Organic, 12.1 oz 107760  
Shiro Miso, Organic, 12.1 oz 107840

### **Macrobiotic Specialty -- Mochi**



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Brown Rice & Black Soybean Mochi, Organic, 10.5 oz 107865  
Sprouted Brown Rice Mochi, Organic, 10.5 oz 107855  
Sweet Brown Rice Mochi, Organic, 10.5 oz 107845

### Macrobiotic Specialty -- Mushrooms

Sliced Shiitake Mushrooms - dried, .88 oz 110030  
Whole Shiitake Mushrooms - dried, .88 oz 110020

### Macrobiotic Specialty -- Pasta

Bifun (Rice) Pasta, 3.5 oz 108440  
Kuzu Pasta, 3.5 oz 108485  
Mung Bean Pasta (Harusame), 2.4 oz 108460

### Macrobiotic Specialty -- Sea Vegetables

Agar Agar Bars, Sea Vegetable, .5 oz 108960  
Agar Agar Flakes, Sea Vegetable, 1 oz 108940  
Arame, Sea Vegetable, 2.1 oz 108840  
Hiziki, Sea Vegetable, 2.1 oz 108860  
Instant Wakame Flakes, Sea Vegetable, 1.06 oz 108920  
Kombu, Sea Vegetable, 2.1 oz 108880  
Mekabu Wakame, Sea Vegetable, .88 oz 109030  
Nori Krinkles, Sea Vegetable, .529 oz 109020  
Nori, Sea Vegetable, 10 untoasted sheets, .8 oz 109000  
Sushi Nori, Sea Vegetable, 50 toasted sheets, 4.4 oz 108760  
Sushi Nori, Sea Vegetable, 7 toasted sheets, .6 oz 108980  
Wakame, Sea Vegetable, 2.1 oz 108900

### Macrobiotic Specialty -- Soy Sauces

Tamari Soy Sauce, Naturally Brewed in USA, Organic, 20 oz 106980  
Tamari Soy Sauce, Naturally Brewed in USA, Organic, 10 oz 106970  
Tamari Soy Sauce, Organic, Imported, 20 oz 107420  
Tamari Soy Sauce, Organic, Imported, 10 oz 107410

### Oils & Vinegars -- Oils

Hot Pepper Sesame Oil, 5 oz 109520  
Olive Oil, Extra Virgin, Spanish, 32 oz 104360  
Olive Oil, Extra Virgin, Spanish, 16 oz 104340  
Safflower Oil - High Oleic, Organic, 16 oz 104500  
Sesame Oil - Extra Virgin, Organic, 32 oz 104660  
Sesame Oil - Extra Virgin, Organic, 16 oz 104640  
Toasted Sesame Oil, 5 oz 109420  
Toasted Sesame Oil, 10 oz 109430

### Oils & Vinegars -- Vinegars

Apple Cider Vinegar, Organic, 32 oz 103500  
Apple Cider Vinegar, Organic, 16 oz 103480  
Brown Rice Vinegar, Organic, 10 oz 109170



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Brown Rice Vinegar, Organic, 5 oz 109160  
Red Wine Vinegar, 32 oz 103580  
Red Wine Vinegar, 16 oz 103560  
Ume Plum Vinegar, 10 oz 109330  
Ume Plum Vinegar, 5 oz 109320

### Sea Vegetables

Dulse Whole Leaf, Organic, 1.4 oz 104275

### Snack Foods -- 1 oz Pocket Snacks

Dried Cranberries Pocket Snacks, Organic, Box of 12 Each - 1 oz 203263  
Dried Cranberries, Organic Pocket Snacks, Each 1 oz 103263  
Dried Montmorency Cherries Pocket Snacks, Each 1 oz 103271  
Dried Montmorency Cherries Pocket Snacks, Box of 12 Each - 1 oz 203271  
Dried Wild Blueberries Pocket Snacks, Organic, Box of 12 Each - 1 oz 203261  
Dried Wild Blueberries, Organic Pocket Snacks, Each 1 oz 103261  
Pistachios Pocket Snacks, Organic, Box of 12 Each - 1 oz 213031  
Pistachios Pocket Snacks, Organic, Each 1 oz 113031  
Pumpkin Seeds Pocket Snacks, Organic, Each 1 oz 113016  
Pumpkin Seeds Pocket Snacks, Organic, Box of 12 Each - 1 oz 213016  
Quiet Moon Pocket Snacks, Each 1 oz 112016  
Quiet Moon Pocket Snacks, Box of 12 Each - 1 oz 212016  
Spicy Pumpkin Seeds Pocket Snacks, Organic, Box of 12 Each - 1 oz 212366  
Spicy Pumpkin Seeds Pocket Snacks, Organic, Each 1 oz 112366  
Tamari Almonds Pocket Snacks, Organic, Each 1 oz 112426  
Tamari Almonds Pocket Snacks, Organic, Box of 12 Each - 1 oz 212426  
Wild Berry Mix Pocket Snacks, Organic, Box of 12 Each - 1 oz 212031  
Wild Berry Mix, Organic Pocket Snacks, Each 1 oz 112031

### Snack Foods -- 4 oz Snacks

Pistachios, Organic, 4 oz 113030  
Pumpkin Seeds, Organic, 4 oz 113015  
Quiet Moon, 4 oz 112015  
Spicy Pumpkin Seeds, Organic, 4 oz 112365  
Tamari Roasted Almonds, Organic, 4 oz 112425  
Wild Berry Mix, Organic, 4 oz 112030

### Snack Foods -- 1 lb Snacks

Almonds, Organic, 1 lb 413025  
Pistachios, Organic, 1 lb 413032  
Pumpkin Seeds, Organic, 1 lb 413020  
Spicy Pumpkin Seeds, Organic, 1 lb 412370  
Tamari Roasted Almonds, Organic, 1 lb 412405  
Thompson Raisins, Organic, 1 lb 400481  
Wild Berry Mix, Organic, 1 lb 412029



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### Snack Foods -- Popcorn

Popcorn, Organic, 20 oz 105400

Popcorn, Organic, 5 lb 415400

### Spices & Herbs

Basil, Organic, 0.564 oz 400383

Bay Leaf Powder, Organic, 1.376 oz 400375

Brown Mustard Seed, Organic, 2.575 oz 400348

Cayenne Pepper (25,000 HU), Organic, 1.693 oz 400365

Cayenne Pepper (60,000 HU), Organic, 1.764 oz 400364

Cinnamon, Organic, 1.552 oz 400376

Cumin Powder, Organic, 1.622 oz 400374

Dried Minced Garlic, Organic, 2.222 oz 400389

Dried Minced Onion, Organic, 1.728 oz 400371

Fenugreek Powder, Organic, 2.187 oz 400395

Garlic Powder, Organic, 2.328 oz 400363

Ground Black Pepper, Organic, 2.116 oz 400377

Ground Cardamom, Organic, 1.834 oz 400393

Ground Chili Pepper (1,800 HU), Organic, 1.587 oz 400394

Ground Cloves, Organic, 1.340 oz 400396

Ground Coriander, Organic, 1.164 oz 400391

Ground Thyme, Organic, 0.670 oz 400388

Ground Turmeric, Organic, 1.905 oz 400392

Hot Crushed Chili Pepper, Organic, 1.129 oz 400397

Oregano, Organic, 0.494 oz 400384

Paprika Powder, Organic, 1.481 oz 400373

Parsley Flakes, Organic, 0.494 oz 400372

Yellow Mustard Powder, Organic, 1.693 oz 400357

Yellow Mustard Seed, Organic, 2.716 oz 400351

### Supplements & Concentrates

Bifa-15 - 3 tube pack, 3 - 0.039 oz tubes 111353

Bifa-15 - 30 tube box, 30 - 0.039 oz tubes 111352

Ume Plum Balls - 300 count, 2.28 oz 110300

Ume Plum Concentrate - Bainiku Ekisu, 1.4 oz 110280

Yansen - dandelion root concentrate, 1.4 oz 110260

### Teas

Chamomile Herb Tea, Organic, 16 bags 110590

Genmaicha Tea, Organic, 16 bags 110530

Hojicha Chai Roasted Green Tea, Organic, 16 bags 110575

Hojicha Tea, Roasted Green Tea, Organic, 16 bags 110540

Kukicha (twig) Tea, Organic, 8 oz 410750

Kukicha Twig Tea, Organic - Loose, 1.75 oz 110665



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Kukicha, Twig Tea, Organic, 16 bags 110550  
Lotus Root Tea, 2 oz 110745  
Mu 16 Herb Tea, 6 bags 1.3 oz 110730  
Sencha Ginger Green Tea, Organic, 16 bags 110570  
Sencha Green Tea, Organic, 16 bags 110560  
Sencha Green Tea, Organic - Loose leaf, 2.25 oz 110625  
Sencha Green Tea, Organic - Loose leaf, 8 oz 410790  
Sencha Mint Green Tea, Organic, 16 bags 110580  
Sencha Rose Green Tea, Organic, 16 bags 110585

### **Tomatoes & Sauerkraut -- Organic Sauerkraut**

Sauerkraut, Organic, 32 oz 103900

### **Tomatoes & Sauerkraut -- Organic Tomato**

Crushed Tomatoes with Onion, Garlic & Basil, Organic, 25 oz 104855  
Crushed Tomatoes with Onion, Garlic & Basil, Organic, 14 oz 104850  
Crushed Tomatoes, Organic, 25 oz 104880  
Crushed Tomatoes, Organic, 28 oz 104080  
Crushed Tomatoes, Organic, 14 oz 104870  
Pizza Pasta Sauce, Organic, 15 oz 103920  
Pizza Pasta Sauce, Organic, 14 oz 103925  
Spaghetti Sauce, No Salt Added, Organic, 25 oz 104030  
Spaghetti Sauce, Organic, 25 oz 104020

### **Whole Grains -- Best Whole**

Buckwheat, Organic, 16 oz 113040  
Millet, Organic, 16 oz 113035  
Pearled Barley, Organic, 5 lb 406061  
Pearled Barley, Organic, 2 lb 426061  
Quinoa, Organic, 16 oz 106900  
Quinoa, Organic, 5 lb 406900  
Red Quinoa, Organic, 16 oz 106905  
Red Quinoa, Organic, 5 lb 406905  
Short Grain Brown Rice, Organic, 2 lb 425501  
Short Grain Brown Rice, Organic, 5 lb 405501  
Wild Rice, 1 lb 405503  
Wild Rice, 100% Whole Grain, 7 oz 106920

### **Whole Grains -- Flour**

Short Grain Brown Rice Flour, Organic, 2 lb 421739  
Short Grain Brown Rice Flour, Organic, 5 lb 411739

### **Gifts & Merchandise -- Gifts**

Organic Matcha, Green Tea Powder Kit, 1.06 oz 110520

### **Bulk -- Fruit and Nut Mixes**

Pumpkin Seeds, Organic, 10 lb 113020



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Spicy Pumpkin Seeds, Organic, 10 lb 112360  
Tamari Roasted Almonds, Organic, 10 lb 112420  
Tamari Roasted Almonds, Organic, 25 lb 112400

### **Bulk -- Imported Specialty**

Kuzu Root Starch, Organic, 11 lb 109620  
Mirin, rice cooking wine, 4.75 gal 109720  
Pickled Ginger with Shiso Leaves, 22 lb 110250  
Umeboshi Paste, 22 lb 110160  
Umeboshi Plums, 22 lb 110120  
Wasabi Powder - Japanese horseradish, 2.2 lb 110010

### **Bulk -- Miso**

Genmai Miso, Organic, 22 lb 107520  
Hacho Miso, Organic, 22 lb 107540  
Mugi Miso, Organic, 22 lb 107500

### **Bulk -- Oils and Vinegars**

Apple Cider Vinegar, Organic, 55 gal 103400  
Brown Rice Vinegar, Organic, 5 gal 109150  
Brown Rice Vinegar, Organic, 55.4 gal 109140  
Hot Pepper Sesame Oil, 52.3 gal 109500  
Olive Oil, Extra Virgin, Spanish, 58 gal 104300  
Olive Oil, Extra Virgin, Spanish, 5 gal 104400  
Olive Oil, Extra Virgin, Spanish, 1 gal 104380  
Safflower Oil - High Oleic, Organic, 55 gal 104460  
Safflower Oil - High Oleic, Organic, 5 gal 104560  
Sesame Oil - Extra Virgin, Organic, 55 gal 104600  
Toasted Sesame Oil, 52.3 gal 109400  
Toasted Sesame Oil, 5 gal 109480  
Ume Plum Vinegar, 1 gal 109310  
Ume Plum Vinegar, 55.4 gal 109280

### **Bulk -- Organic Beans**

Pinto Beans, Organic, 108 oz 102956  
Aduki Beans, Organic, Dry, 25 lb 102771  
Black Beans, Organic, 108 oz 102978  
Black Soybeans, Organic, Dry, 25 lb 102814  
Black Turtle Beans, Organic, Dry, 25 lb 102816  
Cannellini (White Kidney) Beans, Organic, 108 oz 103108  
Dark Red Kidney Beans, Organic, Dry, 25 lb 102796  
Garbanzo Beans (Chick Peas), Organic, 108 oz 102958  
Green Lentils, Organic, Dry, 25 lb 102700  
Green Split Peas, Organic, Dry, 25 lb 102725  
Kidney Beans (dark red), Organic, 108 oz 102988  
Navy Beans, Organic, 108 oz 103008





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Navy Beans, Organic, Dry, 25 lb 102838  
Pinto Beans, Organic, Dry, 25 lb 102900  
Small Red Beans, Organic, Dry, 25 lb 102850

### **Bulk -- Organic Grain**

Pearled Barley, Organic, 50 lb 106060  
Popcorn, Organic, 50 lb 105815  
Quinoa, Organic, 25 lb 106860

### **Bulk -- Sea Salts**

Sea Salt - French Celtic, 55 lb 105380  
Sea Salt - Portuguese, 55 lb 105385

### **Bulk -- Sea Vegetables**

Arame, Sea Vegetable, 2.2 lb 108600  
Hiziki, Sea Vegetable, 2.2 lb 108620  
Kombu, Sea Vegetable, 2.2 lb 108680  
Wakame, Sea Vegetable, 2.2 lb 108700

### **Bulk -- Soy Sauces**

Tamari Soy Sauce, Naturally Brewed in USA, Organic, 55 gal 107020  
Tamari Soy Sauce, Organic, Imported, 55 gal 107400

### **Bulk -- Teas**

Kukicha Twig Tea, Organic - Loose, 11 lb 110640  
Sencha Green Tea, Organic - Loose leaf, 13.2 lb 110600