

Gluten is a protein composite found in wheat (spelt, kamut, emmer, einkorn, and Khorasan varieties included), rye, barley, and crossbred hybrids such as triticale, a cross of wheat and rye. More than 2 million people in the U.S. have Celiac disease, a disorder in which the lining of the small intestine is damaged in response to ingestion of gluten. Many more have varying levels of gluten sensitivity or gluten allergies.

Until August 2013 there was no specific U.S. food regulation for labeling of gluten-free food. Codex International Food Standards do state that food containing below 20 parts per million (ppm) gluten may be labeled as Gluten-Free and this was how the U.S. food industry functioned. However, in 2013 the FDA issued a Gluten Free Final Ruling. While the standards were kept at below 20 ppm, the FDA specifically prohibited any food, "If any ingredient is from a whole or refined gluten-containing grain (specified as wheat, rye, barley, and crossbred hybrids), then the food may not be labeled gluten-free, even if the amount is below the 20 ppm threshold."

A Gluten Free diet is a difficult challenge, because foods that contain gluten are so numerous, common, and prevalent. Eden Foods offers 270 food items that are Gluten Free. Out of the 449 items we offer, 60% of Eden foods are Gluten Free.

What Eden Foods means by Gluten Free is:

First, Eden Foods' full disclosure practices, and complete transparency regarding ingredients, means that everything that could even remotely be considered an ingredient is listed in the ingredient statement. Unfortunately, doing this is extremely rare. In fact, we are aware of no other national brand food company that does this.

Second, before we ever say a food is Gluten Free we send a representative sample to a laboratory that is recommended by the Celiac Society. We do this in order to have credible documentation on file demonstrating Eden Foods' Gluten Free information.

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Third, Eden Foods' Gluten Free information is not solely based on testing. We also rely on superb manufacturing practices and meticulous handling, being highly motivated in the prevention of allergen cross-contamination as exemplified by our food safety programs such as HACCP (Hazard Analysis and Critical Control Points), AIB International audits, and BRC Global Standards.

Currently intriguing to us are gluten containing food items that are fully fermented, converting their composition back to their building blocks. This causes the gluten to transform. In these cases the proteins have been broken down by fermentation into their component amino acids, or components of the amino acids, removes the triggers of gluten sensitivity that are in gluten proteins.

An incomplete fermentation process will leave proteins whole that more complete fermentation would have broken down. Incomplete fermentation, whether by choice of the maker for desired effect, or just for shortening the process and lowering their cost, is a reason to be cautious about these foods. Only when fermentation is fully complete, does the gluten in these foods become in the undetectable range. Eden Foods has our fermented products gluten tested for absolute certainty.

An example of gluten containing food becoming undetectable through fermentation, are EDEN Shoyu Soy Sauces. All EDEN Shoyu Soy Sauces have tested at less than 10 ppm. Nevertheless, these shoyu soy sauces have wheat as an ingredient, a gluten-containing food. Through the process of long fermentation gliadin peptides, those that cause allergic reaction, are affectively and molecularly transformed, converting them into amino acids, primarily glutamic acid. The gluten is sufficiently converted as such that its trace presence is less than 10 ppm, as confirmed by our independent third-party analysis on multiple occasions. This fermentation process of gluten transformation, is just now becoming understood yet is still not fully appreciated.



Food containing soy sauce are specifically singled out by the FDA in their final ruling. The FDA said, "We found a small number of foods, usually made with wheat-containing soy sauce, which carried a GF claim and probably contain less than 20 ppm gluten. Our final rule will require companies to remove GF labels from these foods..."

It is possible that Eden Foods could change ingredients, suppliers, or processes that would change a food's nature and perhaps make it contain gluten when it had not previously. If this should ever occur, you can be assured that Eden Foods will immediately update our Gluten Free list and food listings to reflect that change. Eden Foods understands the vital importance of these distinctions to many people, and we take our role as a food supplier to them quite seriously. Eden Foods' staff is vigilant, and can be relied upon to perform their duties to our customers at an extremely high level of dependability.

#### **Snack Foods > 1 oz Pocket Snacks**

Dried Cranberries, Organic Pocket Snacks, Box of 12 Each - 1 oz 203263

#### **Fruit & Juices > Dried Fruit**

Dried Cranberries, Organic Pocket Snacks, Each 1 oz 103263

#### **Snack Foods > 1 oz Pocket Snacks**

Dried Montmorency Cherries Pocket Snacks, Box of 12 Each - 1 oz 203271

#### **Fruit & Juices > Dried Fruit**

Dried Montmorency Cherries Pocket Snacks, Each 1 oz 103271

#### **Snack Foods > 1 oz Pocket Snacks**

Dried Wild Blueberries, Organic Pocket Snacks, Box of 12 Each - 1 oz 203261

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#### **Fruit & Juices > Dried Fruit**

Dried Wild Blueberries, Organic Pocket Snacks, Each 1 oz 103261

#### **Snack Foods > 1 oz Pocket Snacks**

Pistachios, Shelled and Dry Roasted, Organic, Pocket Snacks, Box of 12 Each - 1 oz 213031

Pistachios, Shelled and Dry Roasted, Organic, Pocket Snacks, Each 1 oz 113031

Pumpkin Seeds, Dry Roasted & Salted, Organic, Pocket Snacks, Box of 12 Each - 1 oz 213016

Pumpkin Seeds, Dry Roasted & Salted, Organic, Pocket Snacks, Each 1 oz 113016

Quiet Moon Pocket Snacks, Box of 12 Each - 1 oz 212016

Quiet Moon Pocket Snacks, Each 1 oz 112016

Spicy Pumpkin Seeds, Dry Roasted, Organic, Pocket Snacks, Each 1 oz 112366

Spicy Pumpkin Seeds, Dry Roasted, Organic, Pocket Snacks, Box of 12 Each - 1 oz 212366

Tamari Almonds, Dry Roasted, Organic Pocket Snacks, Each 1 oz 112426

Tamari Almonds, Dry Roasted, Organic Pocket Snacks, Box of 12 Each - 1 oz 212426

Wild Berry Mix, Organic Pocket Snacks, Box of 12 Each - 1 oz 212031

Wild Berry Mix, Organic Pocket Snacks, Each 1 oz 112031

#### **Beans - Canned > Organic Plain Beans**

Aduki Beans, Organic, BPA free lined can, 15 oz 102970

Black Beans, Organic, BPA free lined can, 15 oz 102980

Black Beans, Organic, BPA free lined can, 29 oz 102979

Black Eyed Peas, Organic, BPA free lined can, 15 oz 103120

Black Soybeans, Organic, BPA free lined can, 15 oz 103050

Butter Beans (Baby Lima), Organic, BPA free lined can, 15 oz 103130

Cannellini (White Kidney) Beans, Organic, BPA free lined can, 15 oz 103100



Cannellini (white kidney), Organic, BPA free lined can, 29 oz 103109  
Garbanzo Beans (chick peas), Organic, BPA free cans, 29 oz 102959  
Garbanzo Beans (Chick Peas), Organic, BPA free lined can, 15 oz 102960  
Great Northern Beans, Organic, BPA free lined can, 15 oz 103004  
Kidney (dark red) Beans, Organic, BPA free lined can, 15 oz 102990  
Kidney (dark red), Organic, BPA free lined can, 29 oz 102989  
Navy Beans, Organic, BPA free lined can, 15 oz 103000  
Navy Beans, Organic, BPA free lined can, 29 oz 103009  
Pinto Beans, Organic, BPA free lined can, 15 oz 102950  
Pinto Beans, Organic, BPA free lined can, 29 oz 102957  
Small Red Beans, Organic, BPA free lined can, 15 oz 103110

#### **Beans - Canned > Organic Refried Beans**

Refried Black Beans, Organic, BPA free cans, 16 oz 103160  
Refried Black Soy & Black Beans, Organic, BPA free lined can, 15 oz 103180  
Refried Kidney Beans, Organic, BPA free lined can, 15 oz 103170  
Refried Pinto Beans, Organic, BPA free lined can, 16 oz 103150  
Spicy Refried Black Beans, Organic, BPA free lined can, 16 oz 103200  
Spicy Refried Pinto Beans, Organic, BPA free lined can, 16 oz 103190

#### **Beans - Canned > Organic Rice & Beans**

Brown Rice & Chick Peas, Organic, BPA free lined cans, 15 oz 103210  
Brown Rice & Kidney Beans, Organic, BPA free lined cans, 15 oz 103220  
Brown Rice & Lentils, Organic, BPA free lined cans, 15 oz 103225

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Brown Rice & Pinto Beans, Organic, BPA free lined cans, 15 oz 103205  
Cajun Rice & Small Red Beans, Organic, BPA free lined cans, 15 oz 103230  
Caribbean Rice & Black Beans, Organic, BPA free lined cans, 15 oz 103215  
Curried Rice & Lentils, Organic, BPA free lined cans, 15 oz 103228  
Mexican Rice & Black Beans, Organic, BPA free lined cans, 15 oz 103218  
Moroccan Rice & Garbanzo Beans, Organic, BPA free lined cans, 15 oz 103213  
Spanish Rice & Pinto Beans, Organic, BPA free lined cans, 15 oz 103208

#### **Beans - Canned > Organic Seasoned Beans**

Baked Beans with Sorghum & Mustard, Organic, BPA free lined can, 15 oz 103080  
Caribbean Black Beans, Organic, BPA free lined can, 15 oz 103145

#### **Chili**

Black Bean & Quinoa Chili, BPA free can lining, 29 oz 103235  
Black Bean & Quinoa Chili, BPA free can lining, 14.5 oz 103234

#### **Condiments & Sweeteners > Condiments**

Dulse Flakes, Organic, raw - Glass Jar, 1.5 oz 104270

#### **Japanese Traditional > Imported Specialty**

Eden Shake - Furikake, Sesame & Sea V, 2.1 oz 109940

#### **Condiments & Sweeteners > Organic Gomasio**

Black & Tan Gomasio - Sesame Salt, Organic - Glass Jar, 3.5 oz 104230  
Black Gomasio (Sesame Salt), Organic - Glass Jar, 3.5 oz 104220  
Garlic Gomasio (Sesame Salt), Organic - Glass Jar, 3.5 oz 104250  
Gomasio (Sesame Salt), Organic - Glass Jar, 3.5 oz 104240



Seaweed Gomasio (Sesame Salt), Organic - Glass Jar, 3.5 oz 104260

#### **Condiments & Sweeteners > Organic Mustards**

Brown Mustard, Organic, BPA Free Squeeze Bottle, 9 oz 102330

Brown Mustard, Organic, Glass Jar, 9 oz 102320

Yellow Mustard, Organic, BPA Free Squeeze Bottle, 9 oz 102360

Yellow Mustard, Organic, Glass Jar, 9 oz 102350

#### **Condiments & Sweeteners > Sea Salts**

Sea Salt - French, Fine Grind - Glass Jar, 14 oz 105365

Sea Salt - Portuguese Coast, Fine Grind - Glass Jar, 16 oz 105390

#### **Edensoy**

Unsweetened Edensoy, Organic Soymilk, 32 fl oz 100080

#### **Fruit & Juices > Dried Fruit**

Dried Apples, Organic - unsulphured, 4 oz 450015

Dried Apricots, Organic - unsulphured, 8 oz 450016

Dried Cranberries, Organic, 1 lb 403289

Dried Cranberries, Organic, 4 oz 103262

Dried Montmorency Cherries, 4 oz 103270

Dried Montmorency Cherries - Bulk, 10 lb 103285

Dried Montmorency Tart Cherries, 1 lb 403285

Dried Wild Blueberries, Organic, 1 lb 403288

Dried Wild Blueberries, Organic, 4 oz 103260

#### **Fruit & Juices > Juices**

Apple Juice, Organic, 64 oz 103375

Apple Juice, Organic, 32 oz 103370

Cherry Juice Concentrate, Organic, 7.5 oz 103245

Concord Grape Juice, Organic, 32 oz 103585

Montmorency Tart Cherry Juice, Organic, 32 oz 103385

#### **Fruit & Juices > Sauces and Butters**

Apple Butter, Organic, 17 oz 103320

Apple Cherry Butter, Organic, 17 oz 103330

Apple Cherry Sauce, Organic, 25 oz 103350

Apple Cinnamon Sauce, Organic, 25 oz 103395

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Apple Sauce, Organic, 25 oz 103360

Apple Strawberry Sauce, Organic, 25 oz 103340

Cherry Butter, Montmorency Tart, Organic, 8 oz 103315

Grape Butter, Organic, 8 oz 103325

#### **Japanese Traditional > Chips and Crackers**

Brown Rice Crackers, 2.6 oz 110820

Nori Maki Rice Crackers - hand wrapped, 2.4 oz 110800

#### **Japanese Traditional > Imported Specialty**

Bonito Flakes - steamed, dried, & aged, 1.05 oz 109590

Daikon Radish - shredded and dried, 3.5 oz 110100

Dentie Toothpowder - glass jar, 2 oz 111220

Dried Tofu, freeze-dried, 2 oz 109995

Kuzu Root Starch, Organic - wild hand harvested, 3.5 oz 109630

Lotus Root Slices - dried, 4 oz 110080

Mirin, rice cooking wine, Glass Bottle, 10.5 oz 109780

Pickled Daikon Radish - 2 whole pieces, 3.5 oz 110220

Shiso Leaf Powder - pickled beefsteak leaf, 1.76 oz 110200

Umeboshi Paste, 7 oz 110180

Umeboshi Plums, 7 oz 110140

Wasabi Powder - Japanese horseradish, can, .88 oz 110000

#### **Teas**

Organic Matcha - Green Tea Powder, 1.06 oz 110510

Organic Matcha, Green Tea Powder Kit, 1.06 oz 110520

#### **Japanese Traditional > Miso**

Genmai Miso, Non-GMO Organic, soy/brown rice, Reclosable Pouch, 12.1 oz 107780

Shiro Miso, Non-GMO Organic, rice/soy, Reclosable Pouch, 12.1 oz 107840



### **Japanese Traditional > Mochi**

Brown Rice & Mugwort Mochi, 100% Whole Grain, 10.5 oz 107850

Sprouted Brown Rice Mochi, 100% Whole Grain, 10.5 oz 107855

Sweet Brown Rice Mochi, 100% Whole Grain, 10.5 oz 107845

### **Japanese Traditional > Mushrooms**

Maitake Mushrooms - dried, .88 oz 110040

Sliced Shiitake Mushrooms - dried, .88 oz 110030

Whole Shiitake Mushrooms - dried, .88 oz 110020

### **Pasta > Imported Traditional**

Bifun (Rice) Pasta, 3.5 oz 108440

Kuzu Pasta, 3.5 oz 108485

Mung Bean Pasta (Harusame), 2.4 oz 108460

### **Japanese Traditional > Sea Vegetables**

Agar Agar Bars, Sea Vegetable - wild, hand harvested, .5 oz 108960

Agar Agar Flakes, Sea Vegetable - wild, hand harvested, 1 oz 108940

Arame, Sea Vegetable - wild, hand harvested, 2.1 oz 108840

Hiziki, Sea Vegetable - wild, hand harvested, 2.1 oz 108860

Instant Wakame Flakes, Sea Vegetable - cultivated, 1.06 oz 108920

Kombu, Sea Vegetable - wild, hand harvested, 2.1 oz 108880

Mekabu Wakame, Sea Vegetable - wild, hand harvested, .88 oz 109030

Nori Krinkles, Sea Vegetable - cultivated, toasted, .529 oz 109020

Nori, Sea Vegetable - cultivated, raw, 10 sheets, .8 oz 109000

Sushi Nori, Sea Vegetable - cultivated, 50 toasted sheets, 4.4 oz 108760

Sushi Nori, Sea Vegetable - cultivated, 7 toasted sheets, .6 oz 108980

Wakame, Sea Vegetable - cultivated, hand harvested, raw, 2.1 oz 108900

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### **Japanese Traditional > Soy Sauces**

Tamari Soy Sauce, Non-GMO Organic, Imported, 20 oz 107420

Tamari Soy Sauce, Non-GMO Organic, Imported, Amber Glass, 10 oz 107410

Tamari Soy Sauce, Non-GMO Organic, U.S.A. Brewed, 20 oz 106980

Tamari Soy Sauce, Non-GMO Organic, U.S.A. Brewed, Amber Glass, 10 oz 106970

### **Oils & Vinegars > Oils**

Hot Pepper Sesame Oil, 5 oz 109520

Olive Oil, Extra Virgin, Spanish, 32 oz 104360

Olive Oil, Extra Virgin, Spanish, 16 oz 104340

Safflower Oil - High Oleic, Organic, 16 oz 104500

Sesame Oil - Extra Virgin, Organic, 32 oz 104660

Sesame Oil - Extra Virgin, Organic, 16 oz 104640

Toasted Sesame Oil, 10 oz 109430

Toasted Sesame Oil, 5 oz 109420

### **Oils & Vinegars > Vinegars**

Apple Cider Vinegar, Organic - raw, unpasteurized, 32 oz 103500

Apple Cider Vinegar, Organic - raw, unpasteurized, 16 oz 103480

Brown Rice Vinegar, Organic, 10 oz 109170

Brown Rice Vinegar, Organic, 5 oz 109160

Red Wine Vinegar, 32 oz 103580

Red Wine Vinegar - raw, unpasteurized, 16 oz 103560

Ume Plum Vinegar - raw, unpasteurized, 10 oz 109330

Ume Plum Vinegar - raw, unpasteurized, 5 oz 109320

### **Sea Vegetables**

Dulse Whole Leaf, Sea Vegetable - organic, wild, hand harvested,, 1.4 oz 104275

### **Snack Foods > 4 oz Snacks**

All Mixed Up, 4 oz 112025

All Mixed Up Too, 4 oz 112015

Pistachios - Shelled, Dry Roasted, Organic, 4 oz 113030

Pumpkin Seeds - Dry Roasted & Sea Salted, Organic, 4 oz 113015



Spicy Pumpkin Seeds - Tamari Dry Roasted, Organic,  
4 oz 112365

Tamari Roasted Almonds, Organic, 4 oz 112425

Wild Berry Mix, Organic, 4 oz 112030

#### **Snack Foods > 1 lb Snacks**

Almonds, Dry Roasted, Organic, 1 lb 413025

Pistachios, Shelled & Dry Roasted, Organic, 1 lb  
413032

Pumpkin Seeds, Dry Roasted & Salted, Organic, 1 lb  
413020

Tamari Roasted Almonds, Organic, 1 lb 412405

Tamari Roasted Spicy Pumpkin Seeds, Organic, 1 lb  
412370

Thompson Raisins, Organic, 1 lb 400481

Wild Berry Mix, Organic, 1 lb 412029

#### **Snack Foods > Popcorn**

Popcorn, 100% Whole Grain, Organic, 20 oz 105400

Popcorn, 100% Whole Grain, Organic, 5 lb 415400

#### **Supplements & Concentrates**

Bifa-15 - 3 tube pack, 3 - 0.039 oz tubes 111353

Bifa-15 - 30 tubes per box, 30 - 0.039 oz tubes  
111352

Ume Plum Balls - 260 count, 2.28 oz 110300

Ume Plum Concentrate - Bainiku Ekisu, Amber Glass  
Jar, 1.4 oz 110280

Yansen - dandelion root concentrate, Amber Glass  
Jar, 1.4 oz 110260

#### **Teas**

Chamomile Herb Tea, Organic - 16 Tea Bags/Box, 16  
bags 110590

Genmaicha Tea, Organic (sencha green tea & roasted  
brown rice), 16 bags 110530

Hojicha Chai Roasted Green Tea, Organic - 16 Tea  
Bags/Box, 16 bags 110575

Hojicha Tea, Roasted Green Tea, Organic - 16 Tea  
Bags/Box, 16 bags 110540

Kukicha Tea, Organic (twig tea), 8 oz 410750

Kukicha Twig Tea - Loose, Organic - Reclosable  
Pouch, 1.75 oz 110665

Kukicha, Twig Tea, Organic - 16 Tea Bags/Box, 16  
bags 110550

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Lotus Root Tea, 2 oz 110745

Mu 16 Herb Tea, 6 bags, 1.3 oz 110730

Sencha Ginger Green Tea, Organic - 16 Tea  
Bags/Box, 16 bags 110570

Sencha Green Tea, Organic, 8 oz 410790

Sencha Green Tea, Organic - 16 Tea Bags/Box, 16  
bags 110560

Sencha Green Tea, Organic - Loose, Reclosable  
Pouch, 2.25 oz 110625

Sencha Mint Green Tea, Organic - 16 Tea Bags/Box,  
16 bags 110580

Sencha Rose Green Tea, Organic - 16 Tea Bags/Box,  
16 bags 110585

#### **Tomatoes & Sauerkraut > Organic Sauerkraut**

Sauerkraut - fine cut , Organic - Glass Jar, 32 oz  
103900

#### **Tomatoes & Sauerkraut > Organic Tomato Products**

Crushed Tomatoes w/Roasted Onion, Organic, Amber  
Glass Jar, 25 oz 104885

Crushed Tomatoes w/Sweet Basil, Organic, Amber  
Glass Jar, 14 oz 104865

Crushed Tomatoes w/Sweet Basil, Organic, Amber  
Glass Jar, 25 oz 104875

Crushed Tomatoes with Basil, Organic, 15 oz 104065

Crushed Tomatoes with Basil, Organic, 28 oz 104075

Crushed Tomatoes with Roasted Onion and Garlic,  
Organic, 28 oz 104085

Crushed Tomatoes, Organic, 15 oz 104070

Crushed Tomatoes, Organic, 28 oz 104080

Crushed Tomatoes, Organic, Amber Glass Jar, 14 oz  
104870

Crushed Tomatoes, Organic, Amber Glass Jar, 25 oz  
104880

Diced Tomatoes with Basil, Organic, 14.5 oz 103990

Diced Tomatoes with Green Chilies, Organic, 14.5  
oz 103980

Diced Tomatoes with Roasted Onion, Organic, 14.5  
oz 103995

Diced Tomatoes, Organic, 14.5 oz 103970

Diced Tomatoes, Organic, 28 oz 103975

Pizza Pasta Sauce, Organic, 15 oz 103920

Pizza-Pasta Sauce, Organic, Amber Glass Jar, 14 oz  
103925



Spaghetti Sauce, No Salt Added, Organic - Amber Glass Jar, 25 oz 104030  
Spaghetti Sauce, Organic - Amber Glass Jar, 25 oz 104020  
Whole Tomatoes with Basil, Peeled, Organic, 28 oz 103950  
Whole Tomatoes, Peeled, Organic, 28 oz 103960

#### **Whole Grains > Best Whole**

Buckwheat, 100% Whole Grain, Organic, 16 oz 113040  
Millet, 100% Whole Grain, Organic, 16 oz 113035  
Quinoa, 100% Whole Grain, Organic, 16 oz 106900  
Quinoa, 100% Whole Grain, Organic - 5 lb, 5 lb 406900  
Red Quinoa, 100% Whole Grain, Organic, 16 oz 106905  
Red Quinoa, 100% Whole Grain, Organic - 5 lb, 5 lb 406905  
Short Grain Brown Rice - 100% Whole Grain, Organic - 2 lb, 2 lb 425501  
Short Grain Brown Rice - 100% Whole Grain, Organic - 5 lb, 5 lb 405501  
Wild Rice, 100% Whole Grain, 7 oz 106920  
Wild Rice, 100% Whole Grain - 1 lb, 1 lb 405503

#### **Whole Grains > Flour**

Short Grain Brown Rice Flour - 100% Whole Grain, Organic - 2 lb, 2 lb 421739  
Short Grain Brown Rice Flour - 100% Whole Grain, Organic - 5 lb, 5 lb 411739

#### **Gifts & Merchandise > Gifts**

Gluten Free Grain Basket, 103293  
Gluten Free Sampler Basket, 103292

#### **Bulk > Fruit and Nut Mixes**

Pumpkin Seeds, Dry Roasted & Sea Salted, Organic - Bulk, 10 lb 113020  
Spicy Pumpkin Seeds - Tamari Dry Roasted, Organic - Bulk, 10 lb 112360  
Tamari Roasted Almonds, Organic - Bulk, 10 lb 112420  
Tamari Roasted Almonds, Organic - Bulk, 25 lb 112400

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#### **Bulk > Imported Specialty**

Kuzu Root Starch, Organic - wild hand harvested, 11 lb 109620  
Mirin, rice cooking wine, 4.75 gal 109720  
Umeboshi Paste, 22 lb 110160  
Umeboshi Plums, 22 lb 110120  
Wasabi Powder - Japanese horseradish, 2.2 lb 110010

#### **Bulk > Miso**

Genmai Miso, Non-GMO Organic, soybean & brown rice, 22 lb 107520

#### **Bulk > Oils and Vinegars**

Apple Cider Vinegar, Organic - raw, unpasteurized, 55 gal 103400  
Brown Rice Vinegar, Organic - Bulk, 55.4 gal 109140  
Brown Rice Vinegar, Organic - Bulk, 5 gal 109150  
Hot Pepper Sesame Oil - Bulk, 52.3 gal 109500  
Olive Oil, Extra Virgin, Spanish, 1 gal 104380  
Olive Oil, Extra Virgin, Spanish-bulk, 58 gal 104300  
Olive Oil, Extra Virgin, Spanish-bulk, 5 gal 104400  
Safflower Oil - High Oleic, Organic - Bulk, 5 gal 104560  
Safflower Oil - High Oleic, Organic - Bulk, 55 gal 104460  
Sesame Oil - Extra Virgin, Organic - Bulk, 55 gal 104600  
Toasted Sesame Oil - Bulk, 52.3 gal 109400  
Toasted Sesame Oil - Bulk, 5 gal 109480  
Ume Plum Vinegar - raw, unpasteurized - Bulk, 55.4 gal 109280  
Ume Plum Vinegar - raw, unpasteurized - Bulk, 1 gal 109310

#### **Bulk > Organic Beans**

Aduki Beans, Dry, Organic, 25 lb 102771  
Black Beans, Organic - #10 BPA free lined can, 108 oz 102978  
Black Soybeans, Dry, Organic, 25 lb 102814  
Black Turtle Beans, Dry, Organic, 25 lb 102816



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Cannellini (White Kidney) Beans, Organic - #10 BPA free lined ca, 108 oz 103108

Dark Red Kidney Beans, Dry, Organic, 25 lb 102796

Garbanzo Beans (chick peas), Organic - #10 BPA free lined can, 108 oz 102958

Green Lentils, Dry, Organic, 25 lb 102700

Green Split Peas, Dry, Organic, 25 lb 102725

Kidney Beans (dark red), Organic - #10 BPA free lined can, 108 oz 102988

Navy Beans, Dry, Organic, 25 lb 102838

Pinto Beans, Dry, Organic, 25 lb 102900

Pinto Beans, Organic - #10 BPA free lined can, 108 oz 102956

Small Red Beans, Dry, Organic, 25 lb 102850

### **Bulk > Organic Grain**

Popcorn - 100% Whole Grain, Organic - Bulk, 50 lb 105815

Quinoa, 100% Whole Grain, Organic, 25 lb 106860

### **Bulk > Sea Salts**

Sea Salt - French Celtic, Fine Grind, 55 lb 105380

Sea Salt - Portuguese Coast, Fine Grind, 55 lb 105385

### **Bulk > Sea Vegetables**

Arame, Sea Vegetable - wild, hand harvested, 2.2 lb 108600

Hiziki, Sea Vegetable - wild, hand harvested, 2.2 lb 108620

Kombu, Sea Vegetable - wild, hand harvested, 2.2 lb 108680

Wakame, Sea Vegetable - cultivated, hand harvested, raw, 2.2 lb 108700

### **Bulk > Soy Sauces**

Tamari Soy Sauce, Non-GMO Organic, U.S.A. Brewed, 55 gal 107020

Tamari Soy Sauce, Non-GMO Organic, Imported, 55 gal 107400

### **Bulk > Teas**

Kukicha Twig Tea, Organic - Loose Bulk, 11 lb 110640

Sencha Green Tea, Loose Bulk, Organic, 13.2 lb 110600