



Eden Gluten Free Foods

<http://www.edenfoods.com/> - 888 424-EDEN (3336)

Gluten is an insoluble protein found in wheat (including different varieties such as spelt and kamut), rye, barley, and cross-bred hybrids, such as triticale, which is a cross between wheat and rye. It is estimated that more than 2 million people in the U.S. have Celiac disease, a disorder in which the lining of the small intestine is damaged in response to ingestion of gluten. Millions more have varying levels of gluten sensitivity or wheat intolerances, also known as wheat allergies, etc.

As of this date there is no specific U.S. food regulation for labeling of gluten free foods. Current industry standards are below 20 parts per million equals gluten free. Those who require a wheat free or gluten free diet face challenges because wheat and wheat derivatives are so prevalent.

What Eden Foods means by 'Wheat Free' is that there are no wheat or wheat derivatives in the ingredients, though these foods may contain gluten.

What Eden Foods means by 'Gluten Free' is:

Eden's full ingredient disclosure, and requirement of such from all secondary suppliers assures that there are no ingredients that contain, nor are derived from wheat or any other gluten-containing grain.

Eden Foods is highly proactive toward food safety, sanitation, and the prevention of allergen cross contamination as exemplified by our ongoing participation with food safety programs such as HACCP (Hazard Analysis at Critical Control Point) and AIB International audits.

Eden routinely tests for gluten in foods that are listed as 'gluten free'. Our gluten free confidence is not solely based on testing, but also on good manufacturing practices and meticulous handling.

Occasionally Eden Foods changes ingredients or suppliers and this may affect the 'Wheat Free' or 'Gluten Free' status of our products. If this should occur we immediately update our "Wheat Free and Gluten

Free List" to reflect any change.

While extremely unlikely, it is conceivable that EDEN products listed as 'gluten free' could become affected with miniscule amounts of gluten. Please use common sense depending upon your level of sensitivity and feel free to contact us about specific Eden foods.

Beans - Canned > Organic Plain Beans

- Aduki Beans, Organic, 15 oz 102970
- Black Beans, Organic, 15 oz 102980
- Black Eyed Peas, Organic, 15 oz 103120
- Black Soybeans, Organic, 15 oz 103050
- Butter Beans (Baby Lima), Organic, 15 oz 103130
- Cannellini (White Kidney) Beans, Organic, 15 oz 103100
- Garbanzo Beans (Chick Peas), Organic, 15 oz 102960
- Great Northern Beans, Organic, 15 oz 103004
- Kidney Beans, Organic, 15 oz 102990
- Navy Beans, Organic, 15 oz 103000
- Pinto Beans, Organic, 15 oz 102950
- Small Red Beans, Organic, 15 oz 103110

Beans - Canned > Organic Refried Beans

- Refried Black Beans, Organic, 16 oz 103160
- Refried Black Soy & Black Beans, Organic, 15 oz 103180
- Refried Kidney Beans, Organic, 15 oz 103170
- Refried Pinto Beans, Organic, 16 oz 103150
- Spicy Refried Black Beans, Organic, 16 oz 103200
- Spicy Refried Pinto Beans, Organic, 16 oz 103190

Beans - Canned > Organic Rice & Beans

- Cajun Rice & Small Red Beans, Organic, 15 oz 103230
- Caribbean Rice & Black Beans, Organic, 15 oz 103215
- Curried Rice & Lentils, Organic, 15 oz 103228
- Mexican Rice & Black Beans, Organic, 15 oz 103218
- Moroccan Rice & Garbanzo Beans, Organic, 15 oz 103213
- Rice & Garbanzo Beans, Organic, 15 oz 103210
- Rice & Kidney Beans, Organic, 15 oz 103220
- Rice & Lentils, Organic, 15 oz 103225
- Rice & Pinto Beans, Organic, 15 oz 103205



Spanish Rice & Pinto Beans, Organic, 15 oz 103208

Beans - Canned > Organic Seasoned Beans

Baked Beans with Sorghum & Mustard, Organic, 15 oz 103080

Caribbean Black Beans, Organic, 15 oz 103145

Chili

Black Bean & Quinoa Chili, 14.5 oz 103234

Condiments & Sweeteners > Condiments

Dulse Flakes, Organic, 1.5 oz 104270

Japanese Traditional > Imported Specialty

Eden Shake (Furikake), 2.1 oz 109940

Condiments & Sweeteners > Organic Gomasio

Black & Tan Gomasio (Sesame Salt), Organic, 3.5 oz 104230

Black Gomasio (Sesame Salt), Organic, 3.5 oz 104220

Garlic Gomasio (Sesame Salt), Organic, 3.5 oz 104250

Gomasio (Sesame Salt), Organic, 3.5 oz 104240

Seaweed Gomasio (Sesame Salt), Organic, 3.5 oz 104260

Condiments & Sweeteners > Organic Mustards

Brown Mustard, Organic, Jar, 9 oz 102320

Brown Mustard, Organic, Squeeze Bottle, 9 oz 102330

Yellow Mustard, Organic, Jar, 9 oz 102350

Yellow Mustard, Organic, Squeeze Bottle, 9 oz 102360

Condiments & Sweeteners > Sea Salts

Sea Salt - French, 14 oz 105365

Sea Salt - Portuguese, 16 oz 105390

Edensoy > Organic EdenBlend

EdenBlend, Organic, 32 fl oz 100400

EdenBlend, Organic, 8.45 fl oz 100390

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Edensoy > Organic Edensoy

Edensoy Unsweetened, Organic, 32 fl oz 100080

Fruit & Juices > Dried Fruit

Dried Cranberries, Organic, 4 oz 103262

Dried Wild Blueberries, Organic, 4 oz 103260

Montmorency Dried Tart Cherries, 10 lb 103285

Montmorency Dried Tart Cherries, 4 oz 103270

Fruit & Juices > Juices

Apple Juice, Organic, 64 oz 103375

Apple Juice, Organic, 32 oz 103370

Cherry Juice Concentrate, Organic, 7.5 oz 103245

Montmorency Tart Cherry Juice, Organic, 32 oz 103385

Fruit & Juices > Sauces and Butters

Apple Butter, Organic, 17 oz 103320

Apple Cherry Butter, Organic, 17 oz 103330

Apple Cherry Sauce, Organic, 25 oz 103350

Apple Cinnamon Sauce, Organic, 25 oz 103395

Apple Sauce, Organic, 25 oz 103360

Apple Strawberry Sauce, Organic, 25 oz 103340

Cherry Butter, Montmorency Tart, Organic, 8 oz 103315

Japanese Traditional > Chips and Crackers

Brown Rice Chips, 1.7 oz 110840

Brown Rice Crackers, 2.6 oz 110820

Nori Maki Rice Crackers, 2.4 oz 110800

Japanese Traditional > Imported Specialty

Bonito Flakes, 1.05 oz 109590

Daikon Radish - Shredded and Dried, 3.5 oz 110100

Dentie Toothpowder, 2 oz 111220

Dried Tofu, 2 oz 109995

Kuzu Root Starch, Organic, 3.5 oz 109630

Lotus Root, 4 oz 110080

Mirin (rice cooking wine), 10.5 oz 109780

Pickled Daikon Radish, 3.5 oz 110220

Shiso Leaf Powder (Pickled Beefsteak Leaf), 1.76 oz 110200

Tekka (Miso Condiment), 2.8 oz 109960

Umeboshi Paste, 7 oz 110180

Umeboshi Plums, 7 oz 110140



Wasabi Powder, .88 oz 110000

Teas

Organic Matcha - Green Tea Powder, 1.06 oz 110510

Organic Matcha, Green Tea Powder Kit, 1.06 oz
110520

Japanese Traditional > Miso

Genmai (Brown Rice) Miso, Organic, 12.1 oz 107780

Shiro Miso, Organic, 12.1 oz 107840

Whole Grains

Brown Rice & Mugwort Mochi, 10.5 oz 107850

Sprouted Brown Rice Mochi, 10.5 oz 107855

Sweet Brown Rice Mochi, 10.5 oz 107845

Japanese Traditional > Mushrooms

Maitake Mushrooms, Dried, .88 oz 110040

Shiitake Mushrooms, Dried Sliced, .88 oz 110030

Shiitake Mushrooms, Whole Dried, .88 oz 110020

Pasta > Imported Traditional

Bifun (Rice) Pasta, 3.5 oz 108440

Kuzu Pasta, 3.5 oz 108485

Mung Bean Pasta (Harusame), 2.4 oz 108460

Japanese Traditional > Sea Vegetables

Agar Agar Bars, .5 oz 108960

Agar Agar Flakes, 1 oz 108940

Arame, 2.1 oz 108840

Hiziki, 2.1 oz 108860

Kombu, 2.1 oz 108880

Mekabu, .88 oz 109030

Nori, 10 Sheets, .8 oz 109000

Sushi Nori, .6 oz 108980

Sushi Nori, 4.4 oz 108760

Toasted Nori Krinkles, .529 oz 109020

Wakame, 2.1 oz 108900

Wakame, Instant Flakes, 1.06 oz 108920

Japanese Traditional > Shoyu - Soy Sauces

Tamari Soy Sauce - Imported, Organic, 5 oz 107405

Tamari Soy Sauce - Imported, Organic, 20 oz 107420

Tamari Soy Sauce - Imported, Organic, 10 oz 107410

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Tamari Soy Sauce, Brewed in U.S., Organic, 10 oz
106970

Tamari Soy Sauce, Brewed in U.S., Organic, 20 oz
106980

Oils & Vinegars > Oils

Hot Pepper Sesame Oil, 5 oz 109520

Olive Oil, Extra Virgin, Spanish, 32 oz 104360

Olive Oil, Extra Virgin, Spanish, 16 oz 104340

Safflower Oil, Organic, 16 oz 104500

Sesame Oil, Extra Virgin, Organic, 32 oz 104660

Sesame Oil, Extra Virgin, Organic, 16 oz 104640

Soybean Oil, Organic, 16 oz 104670

Toasted Sesame Oil, 10 oz 109430

Toasted Sesame Oil, 5 oz 109420

Oils & Vinegars > Vinegars

Apple Cider Vinegar, Organic, 16 oz 103480

Apple Cider Vinegar, Organic, 32 oz 103500

Brown Rice Vinegar, Organic, 10 oz 109170

Brown Rice Vinegar, Organic, 5 oz 109160

Red Wine Vinegar, 32 oz 103580

Red Wine Vinegar, 16 oz 103560

Ume Plum Vinegar, 5 oz 109320

Ume Plum Vinegar, 10 oz 109330

Snack Foods > 4 oz Re-sealable

All Mixed Up, 4 oz 112025

All Mixed Up Too, 4 oz 112015

Pistachios, Shelled and Dry Roasted, Organic, 4 oz
113030

Pumpkin Seeds, Dry Roasted & Salted, Organic, 4 oz
113015

Spicy Pumpkin Seeds, Dry Roasted w Tamari,
Organic, 4 oz 112365

Tamari Almonds, Dry Roasted, Organic, 4 oz 112425

Wild Berry Mix, Organic, 4 oz 112030

Snack Foods > Popcorn

Popcorn, Yellow, Organic, 20 oz 105400

Supplements & Concentrates

Bifa-15 - 3 tube pack, 3 - 0.039 oz tubes 111353

Bifa-15 - 30 tubes per box, 30 - 0.039 oz tubes
111352



Plum Balls, 2.28 oz 110300
Ume Plum Concentrate (Bainiku Ekisu), 1.4 oz
110280
Yansen (Dandelion Root Concentrate), 1.4 oz 110260

Teas

Chamomile Herb Tea, Organic - 16 Tea Bags/Box, 16
bags 110590
Genmaicha Tea, Organic (sencha green tea & roasted
brown rice), 16 bags 110530
Hojicha Chai Roasted Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110575
Hojicha Tea, Roasted Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110540
Kukicha Twig Tea - Loose, Organic - Reclosable
Pouch, 1.75 oz 110665
Kukicha, Twig Tea, Organic - 16 Tea Bags/Box, 16
bags 110550
Lotus Root Tea, 2 oz 110745
Mu 16 Herb Tea, 8 bags, 48 g 110720
Sencha Ginger Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110570
Sencha Green Tea, Organic - 16 Tea Bags/Box, 16
bags 110560
Sencha Green Tea, Organic - Loose, Reclosable
Pouch, 2.25 oz 110625
Sencha Mint Green Tea, Organic - 16 Tea Bags/Box,
16 bags 110580
Sencha Rose Green Tea, Organic - 16 Tea Bags/Box,
16 bags 110585

Tomatoes & Sauerkraut > Organic Sauerkraut

Sauerkraut, Organic, 32 oz 103900

Tomatoes & Sauerkraut > Organic Tomato Products

Crushed Tomatoes with Basil, Organic, 15 oz 104065
Crushed Tomatoes with Basil, Organic, 28 oz 104075
Crushed Tomatoes with Onion and Garlic, Organic,
28 oz 104085
Crushed Tomatoes, Organic, 28 oz 104080
Crushed Tomatoes, Organic, 15 oz 104070
Diced Tomatoes with Basil, Organic, 14.5 oz 103990
Diced Tomatoes with Green Chilies, Organic, 14.5
oz 103980

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Diced Tomatoes with Roasted Onion, Organic, 14.5
oz 103995
Diced Tomatoes, Organic, 28 oz 103975
Diced Tomatoes, Organic, 14.5 oz 103920
Pizza Pasta Sauce, Organic, 15 oz 103920
Spaghetti Sauce, No Salt Added, Organic, 25 oz
104030
Spaghetti Sauce, Organic, 25 oz 104020
Whole Tomatoes with Basil, Organic, 28 oz 103950
Whole Tomatoes, Organic, 28 oz 103960

Whole Grains

Buckwheat, Organic, 16 oz 113040
Millet, Organic, 16 oz 113035
Quinoa, Organic, 16 oz 106900
Red Quinoa, Organic, 16 oz 106905
Wild Rice, 7 oz 106920

Gifts & Merchandise > Gifts

Gluten Free Grain Basket, 103293
Gluten Free Sampler Basket, 103292

Bulk > Fruit and Nut Mixes

Pumpkin Seeds, Dry Roasted & Salted, Organic, 10
lb 113020
Spicy Pumpkin Seeds, Dry Roasted w/Tamari, 10 lb
112360
Tamari Roasted Almonds, Organic, 10 lb 112420
Tamari Roasted Almonds, Organic, 25 lb 112400

Bulk > Imported Specialty

Kuzu Root Starch, Organic, 11 lb 109620
Mirin (rice cooking wine), 4.75 gal 109720
Umeboshi Paste, 22 lb 110160
Umeboshi Plums, 22 lb 110120
Wasabi Powder, 2.2 lb 110010

Bulk > Miso

Genmai (Brown Rice) Miso, Organic, 22 lb 107520

Bulk > Oils and Vinegars

Apple Cider Vinegar, Organic, 55 gal 103400
Brown Rice Vinegar, Organic - Bulk, 55.4 gal
109140
Brown Rice Vinegar, Organic - Bulk, 5 gal 109150



Brown Rice Vinegar, Organic - Bulk, 1 gal 109175
Hot Pepper Sesame Oil, 52.3 gal 109500
Olive Oil, Extra Virgin, Spanish, 1 gal 104380
Olive Oil, Extra Virgin, Spanish-bulk, 5 gal
104400
Olive Oil, Extra Virgin, Spanish-bulk, 58 gal
104300
Safflower Oil, Organic - Bulk, 5 gal 104560
Safflower Oil, Organic - Bulk, 55 gal 104460
Sesame Oil, Extra Virgin, Organic, 55 gal 104600
Toasted Sesame Oil - Bulk, 52.3 gal 109400
Toasted Sesame Oil - Bulk, 5 gal 109480
Ume Plum Vinegar, 1 gal 109310
Ume Plum Vinegar, 55.4 gal 109280

Bulk > Organic Beans

Aduki Beans, Dry, Organic, 25 lb 102771
Black Beans, Organic - #10 can, 108 oz 102978
Black Soybeans, Dry, Organic, 25 lb 102814
Black Turtle Beans, Dry, Organic, 25 lb 102816
Cannellini (White Kidney) Beans, Organic - #10
Can, 108 oz 103108
Dark Red Kidney Beans, Dry, Organic, 25 lb 102796
Garbanzo Beans (chick peas), Organic - #10 Can,
108 oz 102958
Green Lentils, Dry, Organic, 25 lb 102700
Green Split Peas, Dry, Organic, 25 lb 102725
Kidney Beans (dark red), Organic - #10 Can, 108 oz
102988
Navy Beans, Dry, Organic, 25 lb 102838
Pinto Beans, Dry, Organic, 25 lb 102900
Pinto Beans, Organic - #10 Can, 108 oz 102956
Small Red Beans, Dry, Organic, 25 lb 102850

Bulk > Organic Grain

Popcorn, Yellow, Organic, 50 lb 105815
Quinoa, Organic, 25 lb 106860

Bulk > Sea Salts

Sea Salt - French, 55 lb 105380
Sea Salt - Portuguese, 55 lb 105385

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Bulk > Sea Vegetables

Arame, 2.2 lb 108600
Hiziki, 2.2 lb 108620
Kombu, 2.2 lb 108680
Wakame, 2.2 lb 108700

Bulk > Shoyu - Soy Sauces

Tamari Soy Sauce - Brewed in U.S., Organic, 55 gal
107020
Tamari Soy Sauce, Imported, Organic, 55 gal 107400

Bulk > Teas

Kukicha Twig Tea, Organic - Loose Bulk, 11 lb
110640
Sencha Green Tea, Loose Bulk, Organic, 13.2 lb
110600