



Beans - Canned > Organic Plain Beans

Aduki Beans, Organic, 15 oz 102970
Black Beans, Organic, 15 oz 102980
Black Eyed Peas, Organic, 15 oz 103120
Butter Beans (Baby Lima), Organic, 15 oz 103130
Cannellini (White Kidney) Beans, Organic, 15 oz 103100
Garbanzo Beans (Chick Peas), Organic, 15 oz 102960
Great Northern Beans, Organic, 15 oz 103004
Kidney Beans, Organic, 15 oz 102990
Navy Beans, Organic, 15 oz 103000
Pinto Beans, Organic, 15 oz 102950
Small Red Beans, Organic, 15 oz 103110

Beans - Canned > Organic Refried Beans

Refried Black Beans, Organic, 16 oz 103160
Refried Black Soy & Black Beans, Organic, 15 oz 103180
Refried Kidney Beans, Organic, 15 oz 103170
Refried Pinto Beans, Organic, 16 oz 103150
Spicy Refried Black Beans, Organic, 16 oz 103200
Spicy Refried Pinto Beans, Organic, 16 oz 103190

Beans - Canned > Organic Rice & Beans

Cajun Rice & Small Red Beans, Organic, 15 oz 103230
Caribbean Rice & Black Beans, Organic, 15 oz 103215
Curried Rice & Lentils, Organic, 15 oz 103228
Mexican Rice & Black Beans, Organic, 15 oz 103218
Moroccan Rice & Garbanzo Beans, Organic, 15 oz 103213
Rice & Garbanzo Beans, Organic, 15 oz 103210
Rice & Kidney Beans, Organic, 15 oz 103220
Rice & Lentils, Organic, 15 oz 103225
Rice & Pinto Beans, Organic, 15 oz 103205
Spanish Rice & Pinto Beans, Organic, 15 oz 103208

Beans - Canned > Organic Seasoned Beans

Baked Beans with Sorghum & Mustard, Organic, 15 oz 103080
Caribbean Black Beans, Organic, 15 oz 103145
Chili Beans w/ Jalapeno & Red Pepper, Organic, 15 oz 103070
Lentils w/Onion & Bay Leaf, Organic, 15 oz 103090

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Spicy Pinto Beans, Organic, 15 oz 103040

Beans - Dry

Organic Dry Black Turtle Beans - 1 pound box, 16 oz 102820
Organic Dry Dark Red Kidney Beans - 1 pound box, 16 oz 102800
Organic Dry Garbanzo Beans (chick peas) - 1 pound box, 16 oz 102750
Organic Dry Green Lentils - 1 pound box, 16 oz 102710
Organic Dry Navy Beans - 1 pound box, 16 oz 102845
Organic Dry Pinto Beans - 1 pound box, 16 oz 102905

Chili

Black Bean & Quinoa Chili, 14.5 oz 103234
Great Northern Bean & Barley Chili, 14.5 oz 103238
Kidney Bean & Kamut Chili, 14.5 oz 103236
Pinto Bean & Spelt Chili, 14.5 oz 103232

Condiments & Sweeteners > Condiments

Dulse Flakes, Organic, 1.5 oz 104270

Japanese Traditional > Imported Specialty

Eden Shake (Furikake), 2.1 oz 109940

Condiments & Sweeteners > Organic Gomasio

Black & Tan Gomasio (Sesame Salt), Organic, 3.5 oz 104230
Black Gomasio (Sesame Salt), Organic, 3.5 oz 104220
Garlic Gomasio (Sesame Salt), Organic, 3.5 oz 104250
Gomasio (Sesame Salt), Organic, 3.5 oz 104240
Seaweed Gomasio (Sesame Salt), Organic, 3.5 oz 104260

Condiments & Sweeteners > Organic Mustards

Brown Mustard, Organic, Jar, 9 oz 102320
Brown Mustard, Organic, Squeeze Bottle, 9 oz 102330
Yellow Mustard, Organic, Jar, 9 oz 102350
Yellow Mustard, Organic, Squeeze Bottle, 9 oz 102360



Condiments & Sweeteners > Organic Sweetener

Barley Malt Syrup, Organic, 20 oz 104050

Condiments & Sweeteners > Sea Salts

Sea Salt - French, 14 oz 105365

Sea Salt - Portuguese, 16 oz 105390

Edensoy > Organic EdenBlend

EdenBlend, Organic, 32 fl oz 100400

Edensoy > Organic Edensoy

Edensoy Extra Vanilla, Organic, 8.45 fl oz 100250

Edensoy Extra Vanilla, Organic, 32 fl oz 100260

Edensoy Light Original, Organic, 32 fl oz 100120

Edensoy Light Vanilla, Organic, 32 fl oz 100160

Edensoy Vanilla, Organic, 8.45 fl oz 100050

Edensoy Vanilla, Organic, 32 fl oz 100060

Fruit & Juices > Dried Fruit

Dried Cranberries, Organic, 4 oz 103262

Dried Wild Blueberries, Organic, 4 oz 103260

Montmorency Dried Tart Cherries, 4 oz 103270

Montmorency Dried Tart Cherries, 10 lb 103285

Fruit & Juices > Juices

Apple Juice, Organic, 64 oz 103375

Apple Juice, Organic, 32 oz 103370

Cherry Juice Concentrate, Organic, 7.5 oz 103245

Montmorency Tart Cherry Juice, Organic, 32 oz
103385

Fruit & Juices > Sauces and Butters

Apple Butter, Organic, 17 oz 103320

Apple Cherry Butter, Organic, 17 oz 103330

Apple Cherry Sauce, Organic, 25 oz 103350

Apple Cinnamon Sauce, Organic, 25 oz 103395

Apple Sauce, Organic, 25 oz 103360

Apple Strawberry Sauce, Organic, 25 oz 103340

Cherry Butter, Montmorency Tart, Organic, 8 oz
103315

Japanese Traditional > Chips and Crackers

5 Flavor Arare Rice Puffs, 2.4 oz 110940

Brown Rice Crackers, 2.6 oz 110820

Nori Maki Rice Crackers, 2.4 oz 110800

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Japanese Traditional > Imported Specialty

Bonito Flakes, 1.05 oz 109590

Daikon Radish - Shredded and Dried, 3.5 oz 110100

Dentie Toothpowder, 2 oz 111220

Dried Tofu, 2 oz 109995

Kuzu Root Starch, Organic, 3.5 oz 109630

Lotus Root, 4 oz 110080

Mirin (rice cooking wine), 10.5 oz 109780

Pickled Daikon Radish, 3.5 oz 110220

Pickled Ginger with Shiso Leaves, 2.1 oz 110240

Ponzu Sauce, 6.75 oz 109880

Shiso Leaf Powder (Pickled Beefsteak Leaf), 1.76
oz 110200

Tekka (Miso Condiment), 2.8 oz 109960

Umeboshi Paste, 7 oz 110180

Umeboshi Plums, 7 oz 110140

Wasabi Powder, .88 oz 110000

Teas

Organic Matcha - Green Tea Powder, 1.06 oz 110510

Organic Matcha, Green Tea Powder Kit, 1.06 oz
110520

Japanese Traditional > Miso

Genmai (Brown Rice) Miso, Organic, 12.1 oz 107780

Hacho Miso, Organic, 12.1 oz 107810

Mugi Miso (Soybean & Barley), Organic, 12.1 oz
107760

Shiro Miso, Organic, 12.1 oz 107840

Whole Grains

Brown Rice & Mugwort Mochi, 10.5 oz 107850

Sprouted Brown Rice Mochi, 10.5 oz 107855

Sweet Brown Rice Mochi, 10.5 oz 107845

Japanese Traditional > Mushrooms

Maitake Mushrooms, Dried, .88 oz 110040

Shiitake Mushrooms, Dried Sliced, .88 oz 110030

Shiitake Mushrooms, Whole Dried, .88 oz 110020

Pasta > Imported Traditional

Bifun (Rice) Pasta, 3.5 oz 108440

Brown Rice Udon, 8.8 oz 108260

Kamut Soba, Organic, 8 oz 101685

Kamut Udon, Organic, 8 oz 101695



Kuzu Pasta, 3.5 oz 108485
Lotus Root Soba, 8.8 oz 108160
Mugwort Soba, 8.8 oz 108120
Mung Bean Pasta (Harusame), 2.4 oz 108460
Soba, 100% Buckwheat, 8 oz 108300
Soba, 40% Buckwheat, 8.8 oz 108100
Soba, Organic, 8 oz 101700
Spelt Soba, Organic, 8 oz 101690
Spelt Udon, Organic, 8 oz 101680
Udon, 8.8 oz 108240
Udon, Organic, 100% Whole Grain, 8 oz 101705
Wheat and Rice Udon, Organic, 8 oz 101715
Wild Yam (Jinenjo) Soba, 8.8 oz 108140

Japanese Traditional > Sea Vegetables

Agar Agar Bars, .5 oz 108960
Agar Agar Flakes, 1 oz 108940
Arame, 2.1 oz 108840
Hiziki, 2.1 oz 108860
Kombu, 2.1 oz 108880
Mekabu, .88 oz 109030
Nori, 10 Sheets, .8 oz 109000
Spicy Toasted Nori Strips, .47 oz 109040
Sushi Nori, .6 oz 108980
Sushi Nori, 4.4 oz 108760
Toasted Nori Krinkles, .529 oz 109020
Wakame, 2.1 oz 108900
Wakame, Instant Flakes, 1.06 oz 108920

Japanese Traditional > Shoyu - Soy Sauces

Reduced Sodium Shoyu, Imported, Organic, 10 oz 107270
Reduced Sodium Shoyu, Imported, Organic, 5 oz 107250
Shoyu Soy Sauce - Imported, 20 oz 107210
Shoyu Soy Sauce - Imported, 10 oz 107190
Shoyu Soy Sauce - Imported, 5 oz 107180
Shoyu Soy Sauce, Organic, 10 oz 107310
Shoyu Soy Sauce, Organic, 5 oz 107305
Tamari Soy Sauce - Imported, Organic, 20 oz 107420
Tamari Soy Sauce - Imported, Organic, 10 oz 107410
Tamari Soy Sauce - Imported, Organic, 5 oz 107405
Tamari Soy Sauce, Brewed in U.S., Organic, 20 oz 106980

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Tamari Soy Sauce, Brewed in U.S., Organic, 10 oz 106970

Oils & Vinegars > Vinegars

Apple Cider Vinegar, Organic, 32 oz 103500
Apple Cider Vinegar, Organic, 16 oz 103480
Brown Rice Vinegar, Organic, 10 oz 109170
Brown Rice Vinegar, Organic, 5 oz 109160
Red Wine Vinegar, 32 oz 103580
Red Wine Vinegar, 16 oz 103560
Ume Plum Vinegar, 10 oz 109330
Ume Plum Vinegar, 5 oz 109320

Pasta > Organic 100% Whole Grain

Kamut & Buckwheat Rigatoni, Organic, 100% Whole Grain, 12 oz 101675
Kamut & Quinoa Twisted Pair, Organic, 100% Whole Grain, 12 oz 101150
Kamut Ditalini, Organic, 100% Whole Grain, 12 oz 101140
Kamut Elbows, Organic, 100% Whole Grain, 14 oz 101670
Kamut Spaghetti, 100% Whole Grain, Organic, 14 oz 101130
Kamut Spirals, 100% Whole Grain, Organic, 12 oz 101100
Kamut Vegetable Spirals, 100% Whole Grain, Organic, 12 oz 101272
Rye Spirals, Organic, 100% Whole Grain, 12 oz 101355
Spaghetti, Organic, 100% Whole Grain, 14 oz 101210
Spelt & Buckwheat Gemelli Organic, 100% Whole Grain, 12 oz 101655
Spelt Ribbons, 100% Whole Grain, Organic, 8 oz 101630
Spelt Spaghetti, Organic, 100% Whole Grain, 14 oz 101660
Spelt Ziti Rigati, 100% Whole Grain, Organic, 12 oz 101635

Pasta > Organic 60% Whole Grain

Flax Rice Spirals, 60% Whole Grain, Organic, 12 oz 101265



Parsley Garlic Spaghetti, 60% Whole Grain,
Organic, 14 oz 101595
Small Vegetable Shells, 60% Whole Grain, Organic,
12 oz 101645
Spinach Ribbons, 60% Whole Grain, Organic, 8 oz
101375
Spinach Spirals, 60% Whole Grain, Organic, 12 oz
101350
Vegetable Alphabets, Organic, 60% Whole Grain, 16
oz 101395

Pasta > Organic Golden Amber Durum

Artichoke Ribbons, Organic, 8 oz 101650
Parsley Garlic Ribbons, Organic, 8 oz 101485
Saffron Ribbons, Organic, 8 oz 101550
Vegetable Ribbons, Organic, 8 oz 101425
Vegetable Shells, Organic, 12 oz 101435
Vegetable Spirals, Organic, 12 oz 101415

Snack Foods > Popcorn

Popcorn, Yellow, Organic, 20 oz 105400

Supplements & Concentrates

Bifa-15 - 3 tube pack, 3 - 0.039 oz tubes 111353
Bifa-15 - 30 tubes per box, 30 - 0.039 oz tubes
111352
Plum Balls, 2.28 oz 110300
Ume Plum Concentrate (Bainiku Ekisu), 1.4 oz
110280
Yansen (Dandelion Root Concentrate), 1.4 oz 110260

Teas

Chamomile Herb Tea, Organic - 16 Tea Bags/Box, 16
bags 110590
Genmaicha Tea, Organic (sencha green tea & roasted
brown rice), 16 bags 110530
Hojicha Chai Roasted Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110575
Hojicha Tea, Roasted Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110540
Kukicha Twig Tea - Loose, Organic - Reclosable
Pouch, 1.75 oz 110665
Kukicha, Twig Tea, Organic - 16 Tea Bags/Box, 16
bags 110550
Lotus Root Tea, 2 oz 110745

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Mu 16 Herb Tea, 8 bags, 48 g 110720
Sencha Ginger Green Tea, Organic - 16 Tea
Bags/Box, 16 bags 110570
Sencha Green Tea, Organic - 16 Tea Bags/Box, 16
bags 110560
Sencha Green Tea, Organic - Loose, Reclosable
Pouch, 2.25 oz 110625
Sencha Mint Green Tea, Organic - 16 Tea Bags/Box,
16 bags 110580
Sencha Rose Green Tea, Organic - 16 Tea Bags/Box,
16 bags 110585

Tomatoes & Sauerkraut > Organic Sauerkraut

Sauerkraut, Organic, 32 oz 103900

Tomatoes & Sauerkraut > Organic Tomato Products

Crushed Tomatoes with Basil, Organic, 15 oz 104065
Crushed Tomatoes with Basil, Organic, 28 oz 104075
Crushed Tomatoes with Onion and Garlic, Organic,
28 oz 104085
Crushed Tomatoes, Organic, 28 oz 104080
Crushed Tomatoes, Organic, 15 oz 104070
Diced Tomatoes with Basil, Organic, 14.5 oz 103990
Diced Tomatoes with Green Chilies, Organic, 14.5
oz 103980
Diced Tomatoes with Roasted Onion, Organic, 14.5
oz 103995
Diced Tomatoes, Organic, 14.5 oz 103970
Diced Tomatoes, Organic, 28 oz 103975
Pizza Pasta Sauce, Organic, 15 oz 103920
Spaghetti Sauce, No Salt Added, Organic, 25 oz
104030
Spaghetti Sauce, Organic, 25 oz 104020
Whole Tomatoes with Basil, Organic, 28 oz 103950
Whole Tomatoes, Organic, 28 oz 103960

Whole Grains

Brown Rice Flakes, Organic, 16 oz 113055
Buckwheat, Organic, 16 oz 113040
Kamut Flakes, Organic, 16 oz 113065
Millet, Organic, 16 oz 113035
Oat Flakes, Organic, 16 oz 113050
Red Quinoa, Organic, 16 oz 106905
Rye Flakes, Organic, 16 oz 113045
Spelt Flakes, Organic, 16 oz 113060



Wild Rice, 7 oz 106920

Bulk > Imported Specialty

Kuzu Root Starch, Organic, 11 lb 109620
Mirin (rice cooking wine), 4.75 gal 109720
Pickled Ginger with Shiso Leaves, 22 lb 110250
Umeboshi Paste, 22 lb 110160
Umeboshi Plums, 22 lb 110120
Wasabi Powder, 2.2 lb 110010

Bulk > Miso

Genmai (Brown Rice) Miso, Organic, 22 lb 107520
Hacho Miso, Organic, 22 lb 107540
Mugi Miso (Soybean & Barley), Organic, 22 lb 107500
Natto Miso, 22 lb 107580

Bulk > Oils and Vinegars

Apple Cider Vinegar, Organic, 55 gal 103400
Brown Rice Vinegar, Organic - Bulk, 5 gal 109150
Brown Rice Vinegar, Organic - Bulk, 1 gal 109175
Brown Rice Vinegar, Organic - Bulk, 55.4 gal 109140
Ume Plum Vinegar, 55.4 gal 109280
Ume Plum Vinegar, 1 gal 109310

Bulk > Organic Beans

Aduki Beans, Dry, Organic, 25 lb 102771
Black Beans, Organic - #10 can, 108 oz 102978
Black Turtle Beans, Dry, Organic, 25 lb 102816
Cannellini (White Kidney) Beans, Organic - #10 Can, 108 oz 103108
Dark Red Kidney Beans, Dry, Organic, 25 lb 102796
Garbanzo Beans (chick peas), Organic - #10 Can, 108 oz 102958
Green Lentils, Dry, Organic, 25 lb 102700
Green Split Peas, Dry, Organic, 25 lb 102725
Kidney Beans (dark red), Organic - #10 Can, 108 oz 102988
Navy Beans, Dry, Organic, 25 lb 102838
Pinto Beans, Dry, Organic, 25 lb 102900
Pinto Beans, Organic - #10 Can, 108 oz 102956
Small Red Beans, Dry, Organic, 25 lb 102850

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Bulk > Organic Flour

Hard Red Spring Wheat Flour, Organic, 50 lb 111440
Hard Red Winter Wheat Flour, Organic, 50 lb 111400
Pastry Flour (Soft White Wheat), Organic, 50 lb 111500

Bulk > Organic Grain

Hard Red Spring Wheat, Whole Grain, Organic, 50 lb 105840
Hard Red Winter Wheat, Whole Grain, Organic, 50 lb 105800
Pearled Barley, Organic, 50 lb 106060
Popcorn, Yellow, Organic, 50 lb 105815
Soft White Winter Wheat, Whole Grain, Organic, 50 lb 105880

Bulk > Pasta

Parsley Garlic Ribbons, Organic, 10 lb 101480
Soba, Organic, 10 lb 101720
Spaghetti, Organic, 100% Whole Grain, 10 lb 101200
Udon, Organic, 100% Whole Grain, 10 lb 101725
Vegetable Spirals, Organic, 10 lb 101400
Wheat and Rice Udon, Organic, 10 lb 101735

Bulk > Sea Salts

Sea Salt - French, 55 lb 105380
Sea Salt - Portuguese, 55 lb 105385

Bulk > Sea Vegetables

Arame, 2.2 lb 108600
Hiziki, 2.2 lb 108620
Kombu, 2.2 lb 108680
Wakame, 2.2 lb 108700

Bulk > Shoyu - Soy Sauces

Shoyu Soy Sauce - Imported, 5 gal 107160
Shoyu Soy Sauce - Imported, 55 gal 107140
Shoyu Soy Sauce, Organic, 55 gal 107295
Shoyu, Reduced Sodium, Organic, 55 gal 107240
Tamari Soy Sauce - Brewed in U.S., Organic, 55 gal 107020
Tamari Soy Sauce, Imported, Organic, 55 gal 107400



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Bulk > Teas

Kukicha Twig Tea, Organic - Loose Bulk, 11 lb

110640

Sencha Green Tea, Loose Bulk, Organic, 13.2 lb

110600