EDEN FOODS

Good Source & High Fiber Foods

http://www.edenfoods.com/ - 888 424-EDEN (3336)

Whole Grains > Flakes

Kamut Flakes, 100% Whole Grain, Organic, 16 oz 113065
Oat Flakes, 100% Whole Grain, Organic, 16 oz 113050
Rye Flakes, 100% Whole Grain, Organic, 16 oz 113045
Spelt Flakes, 100% Whole Grain, Organic, 16 oz 113060

Cereal > Muesli

Cinnamon Muesli, Organic, 17.6 oz 113075
Muesli, Organic, 17.6 oz 113070

Snack Foods > 1 oz Pocket Snacks

Dried Montmorency Cherries Pocket Snacks, Box of 12 Each - 1 oz 203271

Fruit & Juices > Dried Fruit

Dried Montmorency Cherries Pocket Snacks, Each 1 oz 103271

Snack Foods > 1 oz Pocket Snacks

Dried Wild Blueberries, Organic Pocket Snacks, Box of 12 Each - 1 oz 203261

Fruit & Juices > Dried Fruit

Dried Wild Blueberries, Organic Pocket Snacks, Each 1 oz 103261

Snack Foods > 1 oz Pocket Snacks

Pistachios, Shelled and Dry Roasted,Organic, Pocket Snacks, Box of 12 Each - 1 oz 213031
Pistachios, Shelled and Dry Roasted,Organic, Pocket Snacks, Each 1 oz 113031
Pumpkin Seeds, Dry Roasted & Salted,Organic, Pocket Snacks, Each 1 oz 113016
Pumpkin Seeds, Dry Roasted & Salted,Organic, Pocket Snacks, Box of 12 Each - 1 oz 213016
Quiet Moon Pocket Snacks, Each 1 oz 112016
Quiet Moon Pocket Snacks, Box of 12 Each - 1 oz 212016
Spicy Pumpkin Seeds, Dry Roasted, Organic, Pocket Snacks, Each 1 oz 112366
Spicy Pumpkin Seeds, Dry Roasted,Organic, Pocket Snacks, Box of 12 Each - 1 oz 212366
Tamari Almonds, Dry Roasted, Organic Pocket Snacks, Each 1 oz 112426
Tamari Almonds, Dry Roasted, Organic Pocket Snacks, Box of 12 Each - 1 oz 212426
Wild Berry Mix, Organic Pocket Snacks, Box of 12 Each - 1 oz 212031
Wild Berry Mix, Organic Pocket Snacks, Each 1 oz 112031

Beans - Canned > Organic Plain Beans

Aduki Beans, Organic, BPA free lined can, 15 oz 102970
Black Beans, Organic, BPA free lined can, 15 oz 102980
Black Beans, Organic, BPA free lined can, 29 oz 102979
Black Eyed Peas, Organic, BPA free lined can, 15 oz 103120
Black Soybeans, Organic, BPA free lined can, 15 oz 103050
Butter Beans (Baby Lima), Organic, BPA free lined can, 15 oz 103130
Cannellini (White Kidney) Beans, Organic, BPA free lined can, 15 oz 103100
Cannellini (white kidney), Organic, BPA free lined can, 29 oz 103109
Garbanzo Beans (chick peas), Organic, BPA free cans, 29 oz 102959
Garbanzo Beans (Chick Peas), Organic, BPA free lined can, 15 oz 102960
Great Northern Beans, Organic, BPA free lined can, 15 oz 103004
Kidney (dark red) Beans, Organic, BPA free lined can, 15 oz 102990
Kidney (dark red), Organic, BPA free lined can, 29 oz 102989
Navy Beans, Organic, BPA free lined can, 15 oz 103000
Navy Beans, Organic, BPA free lined can, 29 oz 103009
Pinto Beans, Organic, BPA free lined can, 29 oz 102957

Pinto Beans, Organic, BPA free lined can, 15 oz 102950
Small Red Beans, Organic, BPA free lined can, 15 oz 103110

Beans - Canned > Organic Refried Beans
Refried Black Beans, Organic, BPA free cans, 16 oz 103160
Refried Black Soy & Black Beans, Organic, BPA free lined can, 15 oz 103180
Refried Kidney Beans, Organic, BPA free lined can, 15 oz 103170
Refried Pinto Beans, Organic, BPA free lined can, 16 oz 103150
Spicy Refried Black Beans, Organic, BPA free lined can, 16 oz 103200
Spicy Refried Pinto Beans, Organic, BPA free lined can, 16 oz 103190

Beans - Canned > Organic Rice & Beans
Brown Rice & Kidney Beans, Organic, BPA free lined cans, 15 oz 103220
Brown Rice & Pinto Beans, Organic, BPA free lined cans, 15 oz 103205
Cajun Rice & Small Red Beans, Organic, BPA free lined cans, 15 oz 103230
Caribbean Rice & Black Beans, Organic, BPA free lined cans, 15 oz 103215
Mexican Rice & Black Beans, Organic, BPA free lined cans, 15 oz 103218
Moroccan Rice & Garbanzo Beans, Organic, BPA free lined cans, 15 oz 103213
Spanish Rice & Pinto Beans, Organic, BPA free lined cans, 15 oz 103208

Beans - Canned > Organic Seasoned Beans
Baked Beans with Sorghum & Mustard, Organic, BPA free lined can, 15 oz 103080
Caribbean Black Beans, Organic, BPA free lined can, 15 oz 103145
Chili Beans with Jalapeno & Chili Peppers, Organic, BPA free lin, 15 oz 103070
Lentils w/Onion & Bay Leaf, Organic, BPA free lined can, 15 oz 103090
Spicy Pinto Beans, Organic, BPA free lined can, 15 oz 103040

Beans - Dry
Organic Dry Black Turtle Beans - 1 pound box, 16 oz 102820
Organic Dry Dark Red Kidney Beans - 1 pound box, 16 oz 102800
Organic Dry Garbanzo Beans (chick peas) - 1 pound box, 16 oz 102750
Organic Dry Green Lentils - 1 pound box, 16 oz 102710
Organic Dry Navy Beans - 1 pound box, 16 oz 102845
Organic Dry Pinto Beans - 1 pound box, 16 oz 102905

Chili
Black Bean & Quinoa Chili, BPA free can lining, 14.5 oz 103234
Black Bean & Quinoa Chili, BPA free can lining, 29 oz 103235
Great Northern Bean & Barley Chili, BPA free cans, 14.5 oz 103238
Great Northern Bean & Barley Chili, BPA free cans, 29 oz 103239
Kidney Bean & Kamut Chili, BPA free cans, 29 oz 103237
Kidney Bean & Kamut Chili, BPA free cans, 14.5 oz 103236
Pinto Bean & Spelt Chili, BPA free can lining, 29 oz 103233
Pinto Bean & Spelt Chili, BPA free can lining, 14.5 oz 103232

Fruit & Juices > Dried Fruit
Dried Apricots, Organic - unsulphured, 8 oz 450016
Dried Montmorency Cherries, 4 oz 103270
Dried Montmorency Cherries - Bulk, 10 lb 103285
Dried Wild Blueberries, Organic, 4 oz 103260

Fruit & Juices > Sauces and Butters
Apple Cherry Sauce, Organic, 25 oz 103350

EDEN FOODS

Japanese Traditional > Imported Specialty
Daikon Radish - shredded and dried, 3.5 oz 110100

Japanese Traditional > Miso
Genmai Miso, Non-GMO Organic, soy/brown rice, Reclosable Pouch, 12.1 oz 107780

Japanese Traditional > Mushrooms
Maitake Mushrooms - dried, .88 oz 110040
Sliced Shiitake Mushrooms - dried, .88 oz 110030
Whole Shiitake Mushrooms - dried, .88 oz 110020

Pasta > Imported Traditional
Kamut Soba, Organic, 8 oz 101685
Kamut Udon, Organic, 8 oz 101695
Lotus Root Soba, 8.8 oz 108160
Soba, 100% Buckwheat, 8 oz 108300
Soba, 40% Buckwheat, 8.8 oz 108100
Udon, Organic, 100% Whole Grain, 8 oz 101705
Wheat and Rice Udon, Organic, 8 oz 101715

Japanese Traditional > Sea Vegetables
Agar Agar Bars, Sea Vegetable - wild, hand harvested, .5 oz 108960
Arame, Sea Vegetable - wild, hand harvested, 2.1 oz 108840
Hiziki, Sea Vegetable - wild, hand harvested, 2.1 oz 108860
Wakame, Sea Vegetable - cultivated, hand harvested, raw, 2.1 oz 108900

Pasta > Organic 100% Whole Grain
Kamut & Buckwheat Rigatoni, Organic, 100% Whole Grain, 12 oz 101675
Kamut & Quinoa Twisted Pair, Organic, 100% Whole Grain, 12 oz 101150
Kamut Ditalini, Organic, 100% Whole Grain, 12 oz 101140
Kamut Elbows, Organic, 100% Whole Grain, 14 oz 101670
Kamut Spaghetti, 100% Whole Grain, Organic, 14 oz 101130
Kamut Spirals, 100% Whole Grain, Organic, 12 oz 101100

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Kamut Vegetable Spirals, 100% Whole Grain, Organic, 12 oz 101272
Rye Spirals, Organic, 100% Whole Grain, 12 oz 101355
Spaghetti, Organic, 100% Whole Grain, 14 oz 101210
Spelt & Buckwheat Gemelli, Organic, 100% Whole Grain, 12 oz 101655
Spelt Ribbons, 100% Whole Grain, Organic, 8 oz 101630
Spelt Spaghetti, Organic, 100% Whole Grain, 14 oz 101660
Spelt Ziti Rigati, 100% Whole Grain, Organic, 12 oz 101635

Pasta > Organic 60% Whole Grain
Flax Rice Spirals, 60% Whole Grain, Organic, 12 oz 101265
Parsley Garlic Spaghetti, 60% Whole Grain, Organic, 14 oz 101595
Small Vegetable Shells, 60% Whole Grain, Organic, 12 oz 101645
Spinach Ribbons, 60% Whole Grain, Organic, 8 oz 101375
Spinach Spirals, 60% Whole Grain, Organic, 12 oz 101350
Vegetable Alphabets, Organic, 60% Whole Grain, 16 oz 101395

Pasta > Organic Golden Amber Durum
Parsley Garlic Ribbons, Organic, 8 oz 101485
Saffron Ribbons, Organic, 8 oz 101550
Vegetable Ribbons, Organic, 8 oz 101425

Snack Foods > 4 oz Snacks
All Mixed Up, 4 oz 112025
All Mixed Up Too, 4 oz 112015
Pistachios - Shelled, Dry Roasted, Organic, 4 oz 113030
Pumpkin Seeds - Dry Roasted & Sea Salted, Organic, 4 oz 113015
Spicy Pumpkin Seeds - Tamari Dry Roasted, Organic, 4 oz 112365
Tamari Roasted Almonds, Organic, 4 oz 112425
Wild Berry Mix, Organic, 4 oz 112030

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Snack Foods > Popcorn
Popcorn, 100% Whole Grain, Organic, 5 lb 415400
Popcorn, 100% Whole Grain, Organic, 20 oz 105400

Tomatoes & Sauerkraut > Organic Sauerkraut
Sauerkraut - fine cut , Organic - Glass Jar, 32 oz 103900

Tomatoes & Sauerkraut > Organic Tomato Products
Pizza Pasta Sauce, Organic, 15 oz 103920
Pizza-Pasta Sauce, Organic, Amber Glass Jar, 14 oz 103925
Spaghetti Sauce, No Salt Added, Organic - Amber Glass Jar, 25 oz 104030
Spaghetti Sauce, Organic - Amber Glass Jar, 25 oz 104020

Whole Grains > Best Whole
Buckwheat, 100% Whole Grain, Organic, 16 oz 113040
Millet, 100% Whole Grain, Organic, 16 oz 113035
Quinoa, 100% Whole Grain, Organic, 16 oz 106900
Quinoa, 100% Whole Grain, Organic - 5 lb, 5 lb 406900
Red Quinoa, 100% Whole Grain, Organic, 16 oz 106905
Red Quinoa, 100% Whole Grain, Organic - 5 lb, 5 lb 406905
Wild Rice, 100% Whole Grain, 7 oz 106920

Whole Grains > Flour
Quinoa Flour - 100% Whole Grain, Organic - 2 lb, 2 lb 421748
Quinoa Flour - 100% Whole Grain, Organic - 5 lb, 5 lb 411748
Whole Wheat Pastry Flour - 100% Whole Grain, Organic - 5 lb, 5 lb 411500

Bulk > Fruit and Nut Mixes
Pumpkin Seeds, Dry Roasted & Sea Salted, Organic - Bulk, 10 lb 113020
Spicy Pumpkin Seeds - Tamari Dry Roasted, Organic - Bulk, 10 lb 112360
Tamari Roasted Almonds, Organic - Bulk, 10 lb 112420

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Tamari Roasted Almonds, Organic - Bulk, 25 lb 112400

Bulk > Miso
Genmai Miso, Non-GMO Organic, soybean & brown rice, 22 lb 107520

Bulk > Organic Beans
Aduki Beans, Dry, Organic, 25 lb 102771
Black Beans, Organic - #10 BPA free lined can, 108 oz 102978
Black Soybeans, Dry, Organic, 25 lb 102814
Black Turtle Beans, Dry, Organic, 25 lb 102816
Cannellini (White Kidney) Beans, Organic - #10 BPA free lined ca, 108 oz 103108
Dark Red Kidney Beans, Dry, Organic, 25 lb 102796
Garbanzo Beans (chick peas), Organic - #10 BPA free lined can, 108 oz 102958
Green Lentils, Dry, Organic, 25 lb 102700
Green Split Peas, Dry, Organic, 25 lb 102725
Kidney Beans (dark red), Organic - #10 BPA free lined can, 108 oz 102988
Navy Beans, Dry, Organic, 25 lb 102838
Pinto Beans, Dry, Organic, 25 lb 102900
Pinto Beans, Organic - #10 BPA free lined can, 108 oz 102956
Small Red Beans, Dry, Organic, 25 lb 102850

Bulk > Organic Flour
Hard Red Spring Wheat Flour, 100% Whole Grain, Organic, 50 lb 111440
Hard Red Winter Wheat Flour, 100% Whole Grain, Organic, 50 lb 111400
Pastry Flour - Soft White Wheat, 100% Whole Grain, Organic, 50 lb 111500

Bulk > Organic Grain
Hard Red Spring Wheat, 100% Whole Grain, Organic, 50 lb 105840
Hard Red Winter Wheat, 100% Whole Grain, Organic, 50 lb 105800
Pearled Barley, Organic, 50 lb 106060
Popcorn - 100% Whole Grain, Organic - Bulk, 50 lb 105815
Quinoa, 100% Whole Grain, Organic, 25 lb 106860

Soft White Winter Wheat, 100% Whole Grain, Organic, 50 lb 105880

Bulk > Pasta

Parsley Garlic Ribbons, Organic, 10 lb 101480
Spaghetti, Organic, 100% Whole Grain, 10 lb 101200
Udon, Organic, 100% Whole Grain, 10 lb 101725
Wheat and Rice Udon, Organic, 10 lb 101735

Bulk > Sea Vegetables

Arame, Sea Vegetable - wild, hand harvested, 2.2 lb 108600
Hiziki, Sea Vegetable - wild, hand harvested, 2.2 lb 108620
Wakame, Sea Vegetable - cultivated, hand harvested, raw, 2.2 lb 108700